



29

5<sup>th</sup> August 2016

## WHAT TYPE OF ROTARIAN ARE YOU?

*By Tiffany Ervin, past president of the Rotary Club of Four Seasons  
– Hendersonville, North Carolina, USA*

In the days of the American wild west, if you wanted to travel a great distance, you had to go by stagecoach and it was a very long trip. There were three different classes of passengers – first, second, and third class. The seats were all the same, but the prices were different. Here's why...

- First class meant you remained seated during the entire trip, no matter what happened or what conditions might be faced.
- Second class meant you remained seated until there was a problem along the way, when you had to exit the stagecoach and walk alongside.
- But third class passengers not only exited when there was a problem, they were also the ones who had to fix a broken wheel or even push the stagecoach along, through the mud, up the hills, no matter what came along.

So I began thinking about this when it comes to our involvement in Rotary. Let me ask you – what class ticket do you hold?

### **Pampered, or detached?**

Too many of us hold first class tickets – we expect to be waited on and catered to – even pampered! We're willing to ride, but not push. We just sit back and let the others do the work.

But there are also those in our organization who hold second class tickets – detached spectators who show up but don't want to get too involved. Their name goes on the roster, they even include their membership on their resume... but that's about it.

"Is success really remaining seated while others get out and push, or is it getting your hands and feet dirty? Is success being served or serving others?"

But thankfully, there are also a few who are willing to hold third class tickets – willing to get out and push when the going gets tough.

We tend to equate first class with privilege – exempt from doing any work. But is success really remaining seated while others get out and push, or is it getting your hands and feet dirty? Is success being served or serving others?

### **What it means to be third class**

Third class ticket holders have a heart for service. They don't mind working behind the scenes. They are people who have made a conscious decision to get involved or join an organization whose entire reason for existence is to change the world! They are people who are willing to get out and push!

If we just sit in our first class seat and expect everyone else to get behind and push, what will happen to Rotary? We'll never reach our goals – to end polio, to prevent other diseases, to bring about world peace – every organization in the world already has too many first class passengers. We're looking for a few more third class passengers!

*What are you willing to do?*

*Are you willing to be a leader instead of a spectator?*

*Are YOU willing to be a third class passenger?*

Rotary Club of Mindarie Inc. WA  
District 9455 Club 83520  
Chartered 2010

[www.rotarymindarie.com](http://www.rotarymindarie.com)

## 2016/17 THEME



Rotary's founder, Paul Harris, believed that serving humanity is "the most worthwhile thing a person can do," RI President-elect John F. Germ said, and that being a part of Rotary is a "great opportunity" to make that happen.

Germ unveiled the 2016-17 presidential theme, *Rotary Serving Humanity*, to incoming district governors on 18 January at the International Assembly in San Diego, California, USA.



**SUNDAY  
7<sup>TH</sup> AUGUST**

All Club members are asked to run a stall at the Swap Mart. Look around the house for stuff to sell! Tell your friends.





# Meeting Notes



## CLUB MEETING

Wednesday 3<sup>rd</sup> August 2016  
at Mindarie Marina

The meeting commenced at 1808 in the Indi Bar.  
For some unknown reason, the Marina had relocated us.

Secretary Ralph advised that apologies had been received from Mike, Tracey, Margaret, Peter, Kelly, Sally and Raylene. Karina and Tina also appear to be apologies. He welcomed our two guests for the evening – Perri Reid (outgoing exchange student) and Dave Duvall. The toast to Rotary was given by Alan.

The only makeups were:

- Kelly had advised that she attended the AJYCE meeting
- on Monday, and
- Cheryl had attended the RYE welcome evening last weekend.

President Sandy then gave an update of events/news:

- A raffle roster had been sent out and if anyone is unhappy with this, please speak with Sandy
- Email of events had been sent out during last week
- Brian is organising the 4Way Test and requires assistance
- The Sells family in Clarkson project (with Bunnings) will be underway probably next week. The father of a soccer player asking for sponsorship is a brickie and will be asked to assist
- Australian Rotary Health is having a fundraising event and hope that each Club can raise \$700. It is a high tea. All documentation is done and this could be a social event for the Club.
- The big Swap Mart is scheduled for this Sunday. Raylene has requested information from members as to who will be attending.
- The Marina has indicated that they may be willing to host the Swap Mart
- It is essential that the Captain check with the other member as to who is on roster and whether they will attend as there was a little mix-up last Sunday

Ralph also advised:

- DG's visit for a Zone 3 Dinner at Woodvale Tavern on 5<sup>th</sup> Sept
- Bunning sausage sizzle on 25<sup>th</sup> Sept
- RC Joondalup movie night on 5<sup>th</sup> Aug at Currumbine
- Duyfken Exhibition at Hilarys on 23-25<sup>th</sup> Sept
- HAT DAY for ARH on 7<sup>th</sup> October
- Interplast looking for donations
- New D9455 Directory available and handed out to members
- Relay for Life on 22-23<sup>rd</sup> October. RCM has a team entered
- RYPA Cap is on 14-20<sup>th</sup> Jan and details have been passed to Cheryl
- Wanneroo Community Grants will close in October.

Cheryl then gave a brief update on the Ampan Project:

- A working bee had been undertaken and the container had been repacked
- Legs had been removed from the desk and this gave more room for other items.
- There is a customs requirement that all boxes be numbered and the contents itemised.
- There was discussion if each box needed to be weighed.
- Russell Shering-Jones from RC Mt Lawley has been a great contributor and most helpful. He is still trying to get the third generator to work.
- New uniforms and sundry items have been sourced from Trevor Canning and RAWCS storage.
- No more donations are required and advice needs to be sent out.

Ralph advised that he had been to the Men's Shed and that the blackboards would be available next Wednesday.

PP Darren advised that a social bowling night at AMF Joondalup is currently being planned for 25<sup>th</sup> August. A show of hands was requested to see who was interested.

The raffle was drawn by Perri and the winner of the prize donated by Cheryl was President Sandy.

With the new format of the Meeting where members order their own food, a suggestion was made that the meeting fee be set at \$5 which is essentially a compulsory purchase of 3 raffle tickets.

There was also discussion about the wider circulation of the Bulletin to increase RCM exposure within the Community. It was agreed that this was a good idea provided that the Meeting Notes be removed. The concept of seeking paid advertising was also discussed.

The meeting closed at 1915.

## DISTRICT GOVERNOR'S VISIT

Joint meeting of Zone 3, group E & F

**Monday 5<sup>th</sup> September 2016**  
**6pm for a 6.30 start**

The Woodvale Tavern  
143 Trappers Dr, Woodvale WA 6026  
\$32 two course meal and cash bar.

*RSVP to your Club Secretary (please advise of any dietary requirements)*



**For Members' diaries:**

The Annual General Meeting of the Rotary Club of Mindarie will be held on Wednesday 26<sup>th</sup> October



## MEDICAL EQUIPMENT RECYCLING COMMITTEE (MERC)

MERC is a sub-committee of the Rotary Club of West Perth (RCWP) that collects, sorts, packs and transports superseded medical equipment to developing countries.



Most of the equipment comes from Royal Perth Hospital but there are also other suppliers. Items of furniture such as hospital beds and heavy equipment have been sourced from within the hospital and health system. The machinery has up-to-date service histories and is known to be functioning correctly. Manual beds are ideal to send to places that have unreliable power supplies. Approximately 500 manual hospital beds have been sent overseas by the MERC program.

Smaller items of equipment such as needles, syringes, blood collection tubes and disposable forceps are collected as leftovers from clinical trials and similar projects. Permission has been sought in every case from the original owners of this equipment who are pleased that the items not go to landfill. Guidelines from Rotary International and the World Health Organisation are strictly adhered to by MERC. Medicines are not included in the MERC project as the export/import of drugs is a complex area and beyond the scope of this project.

- See more at:

[http://rotarydistrict9455.org.au/news/12199/medical-equipment-recycling-committee-merc/?type\\_fr=23#sthash.Jp6CLJuP.dpuf](http://rotarydistrict9455.org.au/news/12199/medical-equipment-recycling-committee-merc/?type_fr=23#sthash.Jp6CLJuP.dpuf)



The AMPAN project sincerely thanks

- RC West Perth for donating recycled medical equipment/supplies
- PP Mt Lawley Russell Shering-Jones for his great help/donations
- RC Perth for donating books and clothing
- Bunnings Mindarie for donations of MDF and paint for chalkboards
- Tru Blu Containers for offering to certify the container free of charge
- Mindarie PS for donations of books and school equipment
- Men's Shed North for making the chalkboards.
- SeaTram for container transport at cost

**all abilities play space**  
be part of something different.  
A unique opportunity to help create an extraordinary place to play!

The All Abilities Play Space will be a state-of-the-art play facility for everyone, regardless of age or ability. Your donation will help make the dream come true.

**DONATE NOW!**  
Go to [inclusionmea.org.au](http://inclusionmea.org.au)



JOIN THE RELAY  
TO BEAT CANCER

**22<sup>nd</sup> and 23<sup>rd</sup> October 2016**  
**HBF Arena, Joondalup**

President Sandy has registered the Rotary Club of Mindarie as a team participant for this worthwhile event.

*All we need are members, friends and families to participate.*

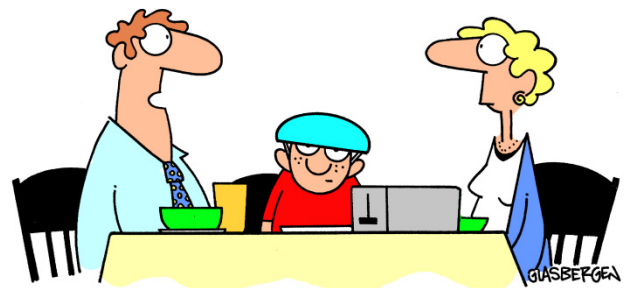
Relay For Life is a fun and moving overnight experience that raises vital funds for the Cancer Council's research, prevention, information and support services. Relay is a chance for the Joondalup/Wanneroo community to recognise and celebrate local cancer survivors, patients and their carers, to honour and remember loved ones lost to cancer and to raise money to help save more lives.

Opening Ceremony: **11:45am Saturday**

Closing Ceremony: **11:45am Sunday**

Candlelight Ceremony: **8pm Saturday**

Teams participate in a relay-style walk or run, challenging themselves to stay on the track overnight. Each event is unique and you can stay for the whole event and camp overnight, enjoy the fun activities and attend the moving ceremonies that make Relay For Life so special.



**"I'm not saying kids today are over-protected, but I never had to wear a helmet to make toast!"**



**High Tea for Humanity**  
**Pretty in Pink**

Raising funds for Mitochondrial disease research, Rotary youth projects, Rotary international projects and Polio eradication.

**Sunday 2<sup>nd</sup> October 2- 5.30pm**  
**The Langley Room RAAFA Bull Creek**

Tickets \$60

[www.rotarywesternendeavour.wa.inaust.org](http://www.rotarywesternendeavour.wa.inaust.org)



## District 9455 Interplast Update



### District 9455 sponsored program to Cagayan de Oro in the Philippines

Thank you to the contributions from 20 Rotary Clubs within the 9455 district in the last Rotary year, plus other 10 donations from individuals, we have successfully raised sufficient funds to fund a program.

We have now been advised by Interplast that the funds raised have been allocated to an Interplast program to Cagayan de Oro in the Philippines, which is planned for September 2016.

This program will include a team of 6-7 (surgeons, anaesthetists and nurses) and they are expected to provide 80-100 free and life-changing surgeries (primarily cleft lip and palate repairs) to the local community as well as training of local medico's.

The program is run in close collaboration with the Rotary Club of Cagayan de Oro, who are extremely active in assisting patients and their families to access the program, as well as being very supportive of the Interplast team. We will provide an update on completion of the program.

### Ongoing contributions from District 9455 Rotary Clubs

Our district 9455 has set a target of raising sufficient funds with support of clubs within the district for one medical team to Asia/Pacific each Rotary year.

We would be pleased if your club can give consideration to ongoing contributions to Interplast on an annual basis. Hopefully your club can budget an annual amount for the great work that Interplast does.

### **What is our District doing in respect Interplast?**

- Seeking to raise awareness of Interplast.
- Regular promotion of Interplast through regular updates and visibility at Rotary events
- Seeking corporate donations/sponsorship
- Work with District clubs on fund raising activities



*Rockson, a young boy from a remote part of Solomon Islands, had his first operation which repaired a severe cleft lip and reconstructed his nose with a bone graft from his ribs. On a follow up trip Interplast Surgeons performed the next stage of surgery to repair Rockson's cleft palate.*

### **What is the good work that Interplast does?**

Interplast Australia & New Zealand provide surgical and health services in developing countries in the Asia Pacific region by providing free medical treatment and training. Each member of an Interplast program is fully qualified in their field of expertise and VOLUNTEER their time to participate in an Interplast program.

- Interplast volunteers provide free treatment to people living with a disability from a congenital condition such as cleft lip and palate, or an acquired condition such as burn scar contractures. Treatment is targeted to the indigent population who would otherwise not be able to afford to access services.

- Interplast assists with developing local capacity to provide surgery and ancillary services by providing training and mentoring programs for medical and allied health professionals.

- Each program undertakes approx. 80 surgeries and provides valuable training.

*The impact that the treatment can make to each patient is profound and in most cases life changing*

### **Want to know more about Interplast or make a contribution to Interplast?**

If you want to learn more about Interplast have someone present as a guest speaker at one of your club meetings

Please direct all enquiries to;

**Steve Dixon**

**Interplast** - District 9455 Chairman

Mob : 0412 244 496 | Work : (08) 9217 3114

Email : [sdixon@macrofunds.com.au](mailto:sdixon@macrofunds.com.au)



### **AUGUST is Membership Month!!**

#### *The Importance of Recruitment*

Every Rotary club needs new, qualified members. They bring fresh ideas, new interests, increased energy and provide for future leadership.

Each qualified new member increases Rotary's capacity for service and ensures the future of our organisation.

### **Applying for a job at IKEA**





## New 'Facebook Memories' Reminds You What You Did Yesterday



Labelling it a 'trip down memory lane', social networking site Facebook today launched a new feature that will remind users of all the beautiful memories they created 24 hours ago.

"We all get nostalgic sometimes. So it's great to be reminded of that gorgeous selfie you took, or that perfect meal you made this time yesterday," a Facebook spokesperson said.

"You'll be surprised at all the sanctimonious stuff you posted and then totally forgot about. So it's nice to take a break from the day-to-day and get lost in all of those memories".

The memories will appear at the top of your newsfeed, and you can subscribe for more detailed updates as well.

"What's even more fun is that you can re-share it with friends, just to remind them once again how wonderful your life is," the spokesperson said.

## THE ROTARY CLUB OF COMO



### 5<sup>TH</sup> ROTARY CAR SHOW

Supported by Wesley College, South Perth

### Car and Bike Show



For Vehicles Ancient and Modern

**SUNDAY 2<sup>ND</sup> OCTOBER 2016**

10.00 AM Till Mid Afternoon

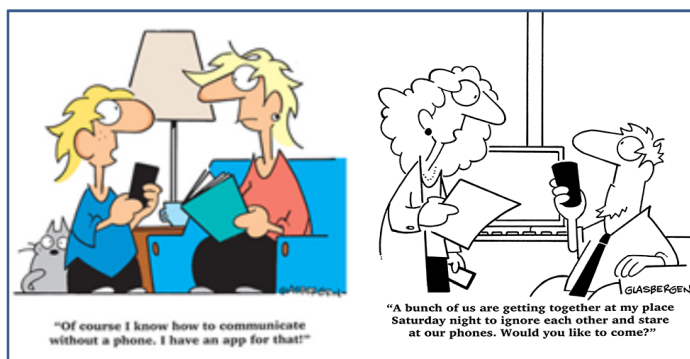
**WESLEY COLLEGE - WARD OVAL - ENTRY FROM ANGELO STREET**

ENTRY TO THE DISPLAY AREA SHALL BE FREE OF CHARGE TO CARS OF ALL AGES BY INVITATION OR BY APPLYING TO OUR WEBSITE:

**COMOROTARYCARSHOW.COM**

Free Family Entertainment and School Displays, Jazz Trio, BBQ and Coffee Stall

Nett proceeds go towards Community Projects of Wesley College and Rotary Club of Como supported Charities



Rotary Club of Cunderdin & Cunderdin Community Resource Centre

**Present the**

**Annual Craft Markets**

**2016**

**Saturday**

**November 12th**

**9am - 2pm**

**Cunderdin Town Hall**

Come along and enjoy handmade arts and crafts, and support our local businesses

For more information, please contact the Cunderdin Community Resource Centre 9635 1784

Stall Holders - Contact Cunderdin Community Resource Centre for stall application forms or email cunderdin@perc.net.au

Inside stalls - \$20.00, Outside Stalls - \$15.00

**ROCKINGHAM Beach Cup**

**Rockingham Beach Cup**  
Rockingham Beach/ Churchill Park

**13 November 2016**





# DUYFKEN

## 2016 HARTOG EXHIBITION

Sorrento Quay Boardwalk  
HILLARYS

15<sup>th</sup> - 27<sup>th</sup>  
September  
2016

EXHIBITION TICKETS  
ticketek.com.au/duyfken  
TICKETEK

www.duyfken.com



# MY BIG IDEA



Head to <http://australianfutures.org/my-big-idea-get-involved/> where you will find out how your Rotary Club can get involved and a guide on how to run a 1 hour brainstorming session that will help your club come up with some great ideas. or as an individual - head to <http://www.mybigidea.org.au/> and submit your ideas to make your community a better place.

### DATE

From: Sunday June 5, 2016, 12:00 am

To: Wednesday August 3, 2016, 12:00 am

- See more at: <http://rotaryaustralia.org.au/event/4567/my-big-idea#sthash.pyW2pfEg.dpuf>

POWER EVENT  
FREMANTLE SAILING CLUB 2016

CYSTIC FIBROSIS  
Western Australia

The Capel Vale  
**RED TIE**  
Dinner Dance

**SATURDAY 27 AUGUST 2016**

Enjoy a night at Fremantle Sailing Club with auctions, revelry, door prizes, raffles and live entertainment from Tod Johnston's Peace Love and All That Stuff

Tickets are \$99 which includes a delicious three course meal, limited beer and wine plus cash bar.

7pm for a 7.30pm sit down  
All monies raised goes towards  
**CYSTIC FIBROSIS WA**

Purchase tickets at FSC Reception via phone 9435 8800  
For further information contact Wendy Barker 9294 3865

CAPEL VALE  
CATALANO

Professor: Chemical symbol of Barium?  
Banta: BA  
Professor: For sodium?  
Banta: NA

Professor: What will we get if 1 atom of BA & 2 atoms of NA combined?  
Banta: BANANA

www.Olaaiaa.com

"Most people do not listen with the intent to understand.  
Most people listen with the intent to reply."



# HELP HATS HELP HEADS

REGISTER FOR HAT DAY

FRIDAY OCTOBER 7



With 1 in 5 people suffering a mental illness, by wearing a hat and raising vital funds for research, you can Help Hats Help Heads this Hat Day.



Hat Day is a way to show your support for people affected by depression, anxiety, schizophrenia, anorexia and many other serious conditions.

Host a Hat Day event at your Club in October and invite other organisations to get involved too.

100% of the money donated to Hat Day will go directly to mental health research projects through Australian Rotary Health.

REGISTER YOUR CLUB TODAY

[WWW.HATDAY.COM.AU](http://WWW.HATDAY.COM.AU)



info@hatday.com.au 1800 781 878 /hatdayevent @hatday

Rotary Club of Cunderdin Inc.

Presents  
**KURINGAL**

**"Into the setting sun"**  
**BUSH CONCERT**

Featuring  
**The CHUCKABILLIES**  
Country Rock 6:30pm till late

SATURDAY 12th November 2016

ENTERTAINMENT FOR THE WHOLE FAMILY

CAMPING \* SAUSAGE SIZZLE \* COFFEE VAN \* BYO FOOD & ALCOHOL

Contact: Kevin Quinn M: 0427 982 896

ENTRY: FAMILY \$50 \* SINGLE \$20 \* CAMPING \$10  
(12 Adults & 2 Children) (per night)

## Aussies Totally Transform Olympic Village, In Biggest House Reveal Yet!



BEFORE

AFTER

Working around the clock, and on a wafer-thin budget, Australia's Olympic team has converted an old, cramped Rio bedroom into a palatial Manhattan-style loft apartment.

Home Beautiful editor and House Rules judge Wendy Moore said they had done an amazing job. "I just love the use of colour and natural light. The exposed brick walls contrasting with the timber floors, gives it that stripped back, modern New York feel. And the pendant lighting ties the whole theme together".

Architect Joe Snell agreed. "It's imaginative; it's got flair; it's got a real sense of space. I just love how they've converted that second bed into a really workable kitchen. And the timber staircase leading up to the second and third levels is an inspired touch. It's the hero piece for me". He said he would have liked to have seen the Aussies incorporate a little more of an Australia-meets-Brazil retro vibe, "a colourful throw perhaps, or an indoor beach".

But he said overall they had shown they understood what the judges were looking for. "The splash-backs, the feature pieces, the New-York-comes-to-Rio-with-an-Australian-twist feel. They've really met the brief here".

- The Shovel

1970-71 William E. Walk Jr. (law), Rotary Club of Ontario, California, USA.

Rotary vision: To help Bridge the Gaps in solving environmental, economic, generational, sociological, and ecological problems.

*"Today's youth have a right to honestly ask and then be heard; to peacefully state what they think is right...But, by the same token, I believe adults who have traveled the path of life have the right, by reason of age and/or experience to say....'We have listened...now...what do you propose as a change and how do you propose to peacefully implement this change?...and are you willing to pay the price?'"*

— Address to 1970 Rotary Convention, Atlanta, Georgia, USA