



THE MINDARIE BULLETIN



No: 9 August 20th 2015

MICROSCOPES DONATED TO LANCELIN PRIMARY SCHOOL

This week, the Club donated 26 magnifying microscopes to Lancelin Primary School, as part of the Microscopes for Schools programme.



May Wilkinson, Principal of the school, expressed her delight and thanks to the Rotary Club of Mindarie for the kind donation.

Whilst Lancelin is out of the Club's precinct, the Board felt that as the closest Rotary Club, the benefit that the children will receive from this donation warranted the gesture.

The school is small with some 130-140 students and its catchment area is quite widespread.

The presentation was done at the school assembly and thanks were also received from a number of parents.

The previous Board also approved a donation of 33 microscopes for Yanchep High School and these are to be presented in the near future.

Rotary Club of Mindarie Inc. WA
District 9455 Club 83520
Chartered 2010

www.rotarymindarie.com



Be a gift to the world

RI President K.R. Ravindran chose *Be a Gift to the World* as his theme for 2015-16. Ravindran urges Rotary members to give the gifts of time, talent, and knowledge to improve lives in communities across the globe. "Through Rotary, we can take these gifts and make a genuine difference in the lives of others and in our world."

DINNER AT TIFFANY'S



The fellowship function organised by Club Service to welcome Maud, our French exchange student to Australia was a success.

Guests were presented with a fine selection of hand made victuals and

an excellent presentation on the life and times of Tiffany in Innaminka, SA, where she spent her childhood. So how more Aussie can you get! Maud's birthday is coming up and she was presented with a birthday gift and had to suffer through a rendition of Happy Birthday from well oiled voices.



FIRST STUDENT VOLUNTEER AT SWAPMART



At last Sunday's SwapMart, our team was joined by Perry Reid, a student of Mindarie Senior College, who was undertaking her community service by helping us out.

Margaret has canvassed schools in the area looking for students who would like to assist and has received some 10 responses. Perry is the first to participate.

DO YOU KNOW FACEBOOK AND DIGITAL MARKETING?

Do you know someone with the skills who might be able to assist with Facebook and marketing? Let us know..

- RS



Rotary Club of Mindarie

MEETING NOTES



CLUB MEETING Tuesday 18th August at Mindarie Senior College

The meeting opened at 1810 and there certainly was a good vibe from those attending.

Apologies were received from Brian Butterworth, Rani Dogra, Karina Martin, Sandy Jones, Tracey Roberts, Geoff Newby-Butt, Tiffany Dowling, Lindsay Robeson and .

The toast to Rotary was given by Brian Baily.

There were no makeups.

Ralph introduced two guests. Chloe McCabe was an attendee at the last RYPEN camp and Eliza Lochan has recently moved into the Mindarie area .

President Nigel opened the meeting with a number of matters:

- He encouraged members to use SLACK as the Club's communication tool. Despite invites being sent out after last meeting, there has been slow pickup by members. He stressed that the benefits are significant and that it's effectiveness requires all our participation.
- The fellowship function at Tiffany and Aaron's was a success and that it appeared all enjoyed themselves. Further events will follow including the Christmas function to be held at Nigel's in December (date to be advised).
- He expressed concern that the number of vendors attending the SwapMart was diminishing and that if this trend continues, the Club's fundraising will be severely impacted. To arrest this, he and Margaret are meeting with the Ocean Keys Shopping Centre people to clarify the issues around going weekly. He mentioned that feedback from vendors was that they wanted weekly and the SwapMart needs more advertising and exposure of the event. In his view it was a matter of "go big or go home".

Mike mentioned that due to the strategic relationship with Mindarie PS, the SwapMart could receive exposure in the School's newsletter.

Sally mentioned that we might be able to tap into using marketing students from ECU and present the SwapMart as a project to them.

- He advised that Ralph had today visited Lancelin Primary School and presented 26 magnifying microscopes to the school under the Microscopes for Schools programme. Ralph stated that he had an additional 33 microscopes for Yanchep but that a presentation date had yet to be determined.
- There is a bush concert event hosted by RC Cunderdin and details are in this bulletin.

Maud gave a brief presentation of her activities in the last two week. The key aspect was her attendance at the Ern Halliday Camp together with around 40 other exchange students (inbounds and outbounds). The group partook in a number of activities including rock climbing. Flying fox and general socialisation.

In addition, she visited Port School and met the group that will be travelling to Malaysia.

She thanked RCM for the birthday wishes given at the fellowship function at Tiffany's.

Darren was asked to speak on the issue of a Federal Government funding initiative known as the "Stronger Communities Programme". This apparently targeted at electorates to match funding for community projects. RCM covers two electorates Moore and Pearce and both Federal Members of Parliament are known to us (Ian Goodenough and Christian Porter). Darren to investigate further.

Continued next page

www.rotarymindarie.com



**Use the website
– it's there for Members**

MEN AND WOMEN SEE RED DIFFERENTLY





Community & International Service

Margaret presented the Community and International Service report

- Following discussions with the International Committee, it was felt that the PNG “donations in kind” was too big a project to accomplish in one year and that it needed to span two years.
- She is meeting with the Mindarie PS librarian to assist in culling the school library books for potential use in PNG
- Sarah had mentioned LotteryWest grants
- The money Spinner is ready for installation at Woolworths Yanchep.
- The Swapmart had its first student volunteer (Perry Reid from Mindarie Senior College). Perry loved the experience and now wishes to be more involved in Rotary events. Perry had been a previous exchange student.
- Jack and Charlie Morgan had been very helpful volunteers at SwapMart.
- Feedback from seller at SwapMart indicated that most want the SwapMart to be weekly. However, there are issues around inconsistent advice regarding parking of vehicles in the underground car park .
- We need a fallback position if the coffee van is unable to attend i.e. an alternative van
- Need sign for the toilets
- There was discussion about “promotions” where sellers may only pay half price – to encourage greater attendance.

Youth Service

Mike presented the Youth Committee report.

- A number of responsibilities have been defined. Cheryl is mentoring the Exchange students, Sally is the RYPEN coordinator, and Karina will coordinate the 4 Way Test programme.
- Tiffany has booked the next RYPEN Camp for sometime in May. He mentioned that there is not enough support from our members at the RYPEN Camp.
- The Committee’s focus will be strongly on youth issues in the area
- Maud will accompany Port School on their visit to Klang Special School in Malaysia

Chloe McCabe, a RYPEN Camp attendee spoke enthusiastically about the benefits, to her, from attending the RYPEN Camp..

She stated that “she can’t thank the Club enough for sponsoring her”. As a result of the goal setting and speaking workshops, she has really built up her confidence so that she no longer has reticence about public speaking.

From the enthusiastic way she spoke it was evident that RYPEN has delivered.

There was no report for Club Service and no Secretary’s report.

As regards the state of finances, Nigel mentioned that there is around \$2500 in the admin account and \$1600 in the events & Fundraising account.

He requested that members make an effort to pay the balance of their dues as soon as possible.

Three new members were inducted into the Club with Darren delivering the Induction Charge and Ralph providing brief bios for Martina Burain, Sharon Kinraid and Raylene Quinn.



President Nigel asked those present to be upstanding and welcome Tina, Sharon and Raylene into the Rotary Club of Mindarie.

Mike delivered a very interesting presentation about the activities and goals of the Port School in Hamilton Hill. Cheryl presented Mike with a token of our appreciation.

The raffle was won by our visitor, Eliza Lochan.

The Sergeant at Arm’s witty tithing of our members was a dual effort. Sally delivered the first round of fines that had been held over from the previous meeting and Jack continued the “pain” with fines from this meeting. Again, it was done with humour and creativity. As Nigel stated, it is the first time we have had the services of two Sergeants.

The meeting closed at 1940



Guest Speaker



Mike Gilbert
Special Projects
Port School & RCM
Director of Youth

Mike, our resident Director of Youth, presented an eye opening view of the Port School in Hamilton Hill. Port is an independent care school that serves students who have not been able to achieve success in mainstream school settings. The students at Port are successful because the school operates in very different ways to most schools.

Mike's passion was evident when mentioned the following:

- Port School deals with at risk young people
- Port is keen to offer the young something better beyond traditional school curriculae
- Port is a non for profit independent school but receives State and Federal funds.
- It covers years 8-12 and has around 70-80 students.
- Class sizes are around 5-8
- It must be remembered that the students generally have no parents and thus the School needs to provide the "parenting" experiences.
- Students are referred to the School by various sources and agencies
- There are a number of programmes which focus on hands-on learning, personalised and flexible learning groups, and fostering meaningful positive relationships

Mike is of the definite view that the more we can support youth today the better.



www.portschool.wa.edu.au/

Rotary  Club of Cunderdin Inc.



Presents
KURINGAL
"Into the setting sun"
BUSH CONCERT



Jay Weston
A Tribute to Roy Orbison including the 70's & 80's

THE LIKELY LADS 6 pm - 8 pm

SATURDAY 14th November 2015



ENTERTAINMENT FOR THE WHOLE FAMILY



CAMPING*SAUSAGE SIZZLE*COFFEE VAN*BYO FOOD & ALCOHOL.

Contact: Kevin Quinn M: 0427 982 896

ENTRY: FAMILY \$50 * SINGLE \$20 * CAMPING \$10
(2 Adults & 2 Children) (per night)



We Need You!
to attend Club Meetings!!



11th October
Bunnings Sausage Sizzle
Volunteers needed



Catalina

Telethon Home by in-vogue
in-vogue.com.au



Satterley



Volunteers needed for
sausage sizzle on 18th October

ROTARY CLUB RYPEN CAMP

On Friday 8 May, four lucky Bullsbrook Year 10 students had the privilege to participate in the 2015 Rypen Camp at Point Walter Recreation Conference Centre in Bicton.

During our stay we met many new people, including motivational speakers, lovely camp leaders and amazing students from schools that go as far as Geraldton.

Upon our arrival, we anxiously found ourselves in a room full of unknown faces. We nervously whispered amongst each other as we scanned the room full of strangers, the only thing comforting us was the company of each other.



To our surprise, but complete delight, we recognised another face — our beloved Home Economics Teacher, Mrs Cheryl Shaw. Our minds a little more at ease, we followed Mrs Shaw to the dormitories list to find we had all

been separated. We were terrified.

During the four workshops, public speaking, job seeking, interview skills, goal settings and high ropes, we met many new friends and became more at ease. The workshops prepared us for many life situations. Unfortunately due to the weather, we were unable to take part in the outside activities, however a really fun art workshop was put in to replace it.

There were many guest speakers who taught us a variety of life skills and shared their personal life stories. On the Saturday night, a formal dinner was held to thank the Rotary members for the scholarships. The dinner was organised and practically run by students who volunteered to MC, guest speak, sing and dance.

After the dinner, we moved to the hall where a DJ and lights were set up for the Rypen Rave. After a tiring, fun-packed weekend, we left the camp with smiles on our faces, new experiences and new friendships.

The Rypen Camp was an amazing experience which enabled us to grow as individuals, discover new team-building skills and overall taught us to be brave.

- Extract from Bullsbrook College Newsletter

Whose cruel idea was it to put an 's' in the word 'lisp'?



Friday October 9 is
HAT DAY
Shining a light
on Mental Health
www.hatday.com.au

Volunteers required to man
Clarkson station, wearing silly
hats, to raise money for
Mental Health Research
9th October 7:00-9:00 am



Roses are red
Violets are purple.
I just realized
that nothing rhymes
with "Purple".

My doctor told me
that jogging could
add years to my life.
He was right—I feel
ten years older
already.



PAUL HARRIS – FIRST BUT NOT FIRST

Was Paul Harris the first president of a Rotary club?
No.

Was Paul Harris the first president of Rotary
International? Yes.

There is an easy explanation to this apparent contradiction. Although Paul Harris was the founder and organiser of the first Rotary club in Chicago in 1905, the man selected to be the first president was one of the other founding members, Silvester Schiele.

By the year 1910 there were 16 Rotary clubs, which linked up as an organisation called the National Association of Rotary Clubs. A couple of years later the name was changed to International Association of Rotary Clubs as Rotary was organised in Winnipeg, Canada, and then in England, Ireland and Scotland. In 1922 the name was shortened to Rotary International.

When the first organisation of Rotary clubs was created in 1910, Paul Harris was selected as the first president. He served in this position for two years from 1910 until 1912. thus, the founder of the Rotary idea, who declined to be president of the first club, became the first president of the worldwide organisation, Rotary International.



Dear Fellow Rotarians,

We're delighted to report that [today] Nigeria has passed one year with no new cases of the wild poliovirus.

This is the longest the country has ever gone without a case of polio and a critical step on the path toward a polio-free Africa. We've come a long way since the bleak years when the virus reached its peak. It was only a decade ago that polio struck 12,631 people in Africa—three quarters of all cases in the world.

We congratulate Rotarians who have donated \$688.5 million to fight polio throughout Africa, including more than \$200 million to Nigeria. We congratulate Rotarians from Africa and around the world who have also devoted countless hours to immunize the children who now have the opportunity for healthier, happier lives.

With the ambitious scope of Rotary's PolioPlus program, our efforts are having a far-reaching, transformative impact beyond the eradication of polio.

With the infrastructure put in place by the Global Polio Eradication Initiative (GPEI), Nigeria not only reduced its polio caseload by 90% in 2014, but it also successfully thwarted the world's most lethal Ebola outbreak to date, in only 90 days, a response faster than even the U.S., and rightly praised by the World Health Organization as 'world-class'.

In Nigeria and elsewhere, the Initiative provides a blueprint to reach all children with a package of lifesaving vaccines and health interventions. This is a vital step on the path to human development, as we know that with improved public health, more resources can be channeled towards education and economic growth.

If the stringent World Health Organization testing criteria are met, then Nigeria could be removed from the list of polio-endemic countries in September of this year.

However, our work is not done. We know that polio can easily return, with devastating consequences, if we don't stamp it out now.

- Rotary International President K.R. "Ravi" Ravindran



"THE COMPUTER SAYS I NEED TO UPGRADE MY BRAIN TO BE COMPATIBLE WITH ITS NEW SOFTWARE."

Welcome New members



Sharon Kinraid

A Kiwi by birth she arrived in Oz in 1988 and was converted to an Aussie in 1997. She has spent most of her time in NT and only recently moved to Perth to be with family

Sharon has a nursing background but has changed professions to work in Alcohol & Drugs rehabilitation, non-custodial community Corrections and currently works as a Counsellor at Joondalup Court.

She has been privileged to work with a number of NT Government Boards and

- Was an alderwoman on Tennant Creek Council.
- She is a triple sapphire Paul Harris fellow
- Has worked on a RAWCS project in Timor Leste
- Interplast District D9550 Chair
- Done volunteer work in Johannesburg, South Africa and in Mombasa Kenya
- Held the role of President and other roles in RC Tennant Creek

Her interests include gym, walking, sewing/knitting, reading and gardening and loves volunteer work.



Martina Burain

Tina comes from Bougainville PNG. She is married with three children. She works in Tourism & Hospitality and is au fait with computers.

Since 2014, she has been collecting unwanted reading books and, with the help of the Newman Anglican Church, has been sending books back to Bougainville where children enjoy them again. She has a passion to help out charities. She likes learning new things and her motto is BELIEVE..



Raylene Quinn

The girl from Meekatharra in her youth was involved in Brownies, Girl Guides and Police Rangers when the family moved to Geraldton.

She travelled around Australia and worked in hospitality and eventually settled in Perth. She changed careers to work in Medical Reception. She met her husband Peter and they started their own business in 2004 as well as making time for three children.

Her reason for wanting to be a Rotarian is the desire to give back to people less fortunate or capable and who just need a little help to achieve what they desire.

FDA Report Finds Food Prevents Hunger 98% Of Time When Properly Used



SILVER SPRING, MD—In its largest study of safe dietary practices to date, the U.S. Food and Drug Administration announced Tuesday that when used correctly, food is successful in preventing hunger approximately 98 percent of the time.

“After researching the effects of nourishment, we found that if people put food in their mouth and make sure to get it all the way down to the base of their oesophagus, hunger can be averted almost every time,” said FDA spokesman Ken Simmons, who during a press conference demonstrated the proper usage of food with a banana. “Granted, there’s no 100-percent foolproof way to avoid getting hungry, but we can make a huge difference by ensuring people know the facts: that food can’t be reused once it’s been eaten, that the outer wrapping must be removed first, and that they should always check the expiration date.”

Simmons went on to commend the many U.S. schools that offer free meals to students, but warned that they would be ineffective without proper instruction on when and how to eat them.

- The Onion

The Relay for Life is organised by a local volunteer committee on behalf of the Cancer Council WA.

Teams which are headed up by a team captain, get together and fundraise year-round. Everyone then meets at the relay to celebrate in a relay-style walk or run, challenging themselves to stay on the track overnight.

You raise money by being sponsored for each lap that you walk or run.

There is a \$40 early bird registration fee and we need to bet last year’s total of funds raised.

Sally has organised a Mindarie Rotary team so if you wish to participate, please contact her.

When I told the doctor about my loss of memory, he made me pay in advance

Why is it that night falls but day breaks?

CONVICTS FOR A CAUSE — 2015

SAVE THE DATE

www.convictsforacause.org.au

When: Saturday, Nov 7
Where: Fremantle Prison
Time: 7-11 pm

BREAK OUT & MAKE A DIFFERENCE

Logos for U.S. Prisoners, Prisoners Without Borders, Rotary Club of Perth, and Rotary Club of York.

HAVE YOUR SAY TO SHAPE THE FUTURE OF ROTARY DOWN UNDER... "RDU 2020"

Rotary DOWN UNDER

In a digital transforming world how do you see Rotary Down Under deliver on its charter of communicating, informing, educating and being a sounding board platform for Rotarians down under?

What do you see will be the major transformation for Rotary Down Under in the next 5 years and what do you require from Rotary Down Under to better inform you as a Rotarian? How often and in what medium?

These are the issues that your Board and management will examine at "RDU 2020" which will be held on 24th and 25th October 2015.

Stakeholder representatives from all areas of Rotary in our region will be invited to attend.

This is a request for your input to start the process and as such we encourage you to submit your views on the matters that you believe affect the future of Rotary Down Under.

The suggestions will be provided as pre-reading and input for the participants in the actual RDU 2020 Planning session.

Please send your views and input to RDU2020@rotarydownunder.com.au

Feedback required by 5pm Friday 11th September 2015