



# The Mindarie Bulletin



42  
2<sup>nd</sup> April 2017

Rotary Club of Mindarie Inc. WA  
District 9455 Club 83520  
Chartered 11/2010  
[www.rotarymindarie.com](http://www.rotarymindarie.com)  
Meets every second Wednesday  
at Mindarie Marina Boardroom.  
5:30pm for 6:00pm

## 2016/17 THEME



RI President John F. Germ chose *Rotary Serving Humanity* as his theme for 2016-17. Noting Rotary's unique ability to bring together committed professionals to achieve remarkable goals, Germ believes that "now is the time to capitalize on our success: as we complete the eradication of polio, and catapult Rotary forward to be an even greater force for good in the world."

## HARRY WINS DISTRICT 4 WAY TEST SPEECH COMPETITION

At the District Conference, the finals of the D9455 4 Way Test Speech Competition were held. Excellent speakers entertained the Rotarians gathered. Erudite and well presented speeches were given by:

- Shivanah Shetty from St Hilda's Anglican School for Girls and representing RC Bayview Claremont who spoke on the topic of Marriages
- Mary Kaunda from Nagle College representing RC Geraldton-Greenough who spoke on the subject of Racism
- Pooja Ramesh from Perth Modern School, representing RC Subiaco, who spoke on the topic of Embracing Multiculturalism and Diversity



Our Club representative, Harry Harrop, speaking to the topic of *Climate Change – A Call to Action*, was declared the winner with Pooja being the runner-up.

Both Harry and Pooja will represent District 9455 in the State Final to be held on 8<sup>th</sup> May at Woodvale Tavern. They will be up against the best of District 9465.

Well done Harry! Well done to coach Brian Butterworth!

Please note that District Club events can be found in the calendar on the website under the Club Matters tab

## RCM – WHERE TO FROM HERE?

- **Make plans** - Strategic plans are important. Where do you want your club to be in 5 years time? Have an annual plan. What do you and your leadership team want to achieve this year.
- **Run interesting and lively meetings.**
- **Listen to your members** - Don't dismiss new ideas without careful consideration. Encourage ideas from new members.
- **Ensure good communications** - Have a good active website, use social media and have a good bulletin
- **Involve everybody** - Give everyone a job. Encourage succession planning. Provide mentors for new members
- **Committees that work and serve club goals**
- **Do new things** - Don't get stuck in a rut with projects and fund raisers
- **Be involved at higher levels of Rotary** - Clubs that are insular are often less vibrant, attend district events. Invite district leaders to visit.
- **The most important item:** Mix, have fun, be warm and welcoming
- **The signs of a vibrant club**
  - Has active, vibrant members
  - Sets and achieves its goals
  - Tries new things
  - Makes members and guests feel valued
  - Grows





## CLUB MEETING

Wednesday 29<sup>th</sup> March 2017

at Mindarie Marina Boardroom

The meeting was called to order by SaA Brian at 1805.

PP Nigel welcomed those present and called upon PP Sandy to give the toast.

PP Nigel welcomed our RYE student Olga and host parent Kathy Reid and Jasmin Reid as well as Kathy Freestone who has now attended several meetings/events and submitted her application for membership.

Ralph advised that apologies had been received from Peter, Nick, Karina, Tracey, Dave, Andrea (new prospect) and PP Darren.

No make-up visits were reported but Kelly advised that she had been nominated as Secretary for AJYCE.

PP Nigel, PP Sandy and Ralph spoke briefly about the District Conference and its highlights. These included

- the talk by Phil Britten a survivor of the Bali bombing
- the sad tale related by PP John Soe (Jakarta), a polio victim
- Mark Daniel's talk about overcoming physical disability
- the Foundation and its contribution to Polio elimination

Ralph advised that incoming information included:

- Tony Aria from Tamala Park Regional Council has been in touch as regards the Rotary Park concept discussed last year.
- There is a District Foundation Grants Seminar being held on 23<sup>rd</sup> April at Mt Lawley and we need someone to attend as we cannot apply for a grant unless someone has attended the seminar.
- Andrew McGie, Mindarie Marina GM is leaving the Marina and taking up a role with the Intercontinental in Perth. Our contact for the future will be Chantell Downsborough with whom we have had dealings previously.
- The first of three Catalina BBQs was held last Saturday and the next is scheduled for 8<sup>th</sup> April.
- Our RYE student Perri has sent an a great update of her experiences so far in Finland. Excerpt will be posted in the Bulletin and the website.

PP Nigel advised:

- there is a cocktail party at RC Crawley on Thursday night and he will be attending.
- The Gin Gin meeting is scheduled for 3<sup>rd</sup> April and accepted that Members, other than Darren, had indicated that they would be unable to attend.

Olga, our RYE student whom we are co-hosting with RC Broome, then gave a presentation on her background life in Poland and her experience in Australia since arriving in Australia last July.

Brian Butterworth advised those present, who did not know, that our representative in the District 4 Way Test Speech Competition, Harry Harrop, had won the event against strong competition.

The Club thanked him for his excellent coaching efforts and he advised that there was very extensive commitment from Harry's teachers.

Brian then gave an update on the Catalina BQQ and advised

- the event was a Satterley organised event for the Catalina community.
- Numbers were very much in line with the expectations.
- It was an excellent opportunity for public relations about the Club and Rotary and there was considerable interest when he handed out a list of the types of donations that the Club had made in its short history.
- At least 5 persons indicated possible attendance at our meetings

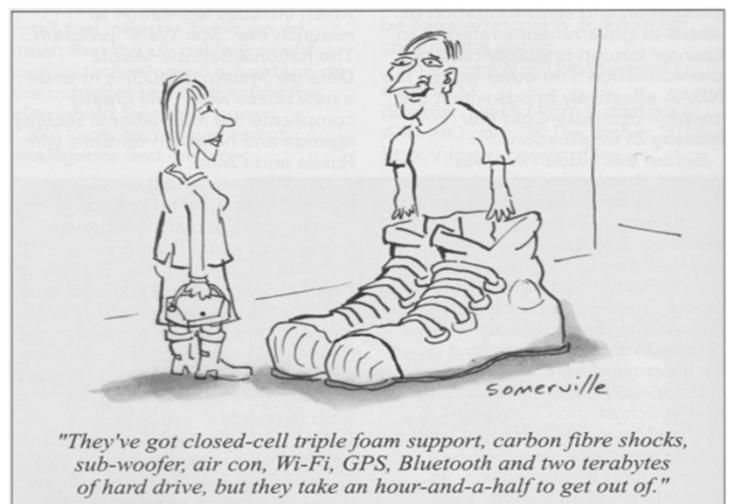
As the regards the proposed Easter Initiative, Brian advised of his effort in identifying suitable recipients for Easter gifts/hampers. A number of organisations had been contacted and MercyCare Merriwa had today come to the fore and proposed an option which may meet requirements. PP Sandy also advised that she had had some response to a Facebook post.

There was extensive discussion on the cost allocation per hamper. Due to the issues, it was agreed that this level of detail needs to be determined by the Board and should be done on SLACK. In addition, PP Sandy proposed that assembling the hampers might be a social event in lieu of the next proposed Club Meeting.

Ralph then gave a presentation encompassing:

- How the club had "made a difference" as regards the donations made since it had been chartered and who had been recipients of the donations.
- Realigning the Club with the Avenues of Services and allocating Club members to respective Avenues.

The meeting closed at 1930.



**"A goal without a plan is just a wish."**



## BUNNINGS ANNOUNCES TAKEOVER BID FOR POLLING BOOTHS TO REGAIN CONTROL OF SAUSAGE SIZZLE MARKET



Wesfarmers, parent company of Bunnings, today launched an audacious attempt to take control of all 8,390 polling booths in Australia, in a clear play for the lucrative charity sausage-sizzle market.

Bunnings once controlled 80 per cent of the sausage-sizzle market (SSM), but figures today showed its share had fallen below 10 per cent as consumers flocked to competitor SS operators at polling booths.

In what would be seen as a reverse takeover (Bunnings has just 324 outlets), Wesfarmers would take control of election-day operations at schools, churches and community halls around the country.

"People only come to polling booths because they know they'll be rewarded with a sausage, which is also the only reason they come to Bunnings. So it's a natural fit," a spokesperson for the hardware chain said.

He believed Bunnings could add a lot to the voting process. "No-one puts an oily sausage in white bread like we do – we think we can bring a lot of efficiencies. Get your sausage, vote for your favourite candidate, and walk out with a compound mitre saw you never wanted".

- The Shovel



The sister of PP Sandy was in Cambodia recently in a village about 50 km from Siam Reap. The water filter was donated by the Rotary Club of Scarborough.



## WINTER INITIATIVE

The Rotary Club of Mindarie will be looking to help the needy and homeless in our Community by undertaking a Winter Initiative.

The Club intends to put together a number of Winter backpacks containing essential items and distribute these to the needy and homeless.

A person is defined as "homeless" when they have inadequate access to conventional shelter, particularly at night. Being homeless doesn't mean living on the streets. Many homeless people stay in temporary accommodation, for example:

- The Street
- In a squat
- With friends
- In a boarding-house
- In emergency accommodation

Being homeless is not just about housing. It's also about missing a stable connection to friends, family and the community.

Items that we will be collecting/sourcing include:

- Sturdy and weatherproof backpacks
- small umbrella
- Poncho
- Socks
- Thermos flask
- Cup a soups
- Plastic spoons
- Tea/coffee sachets
- Sugar sachets
- Beanie
- Scarf
- Gloves
- Blanket
- Jumper



We will also be asking our Rypen Camp students to contribute any of the above items as well.

. All donations would be welcome.



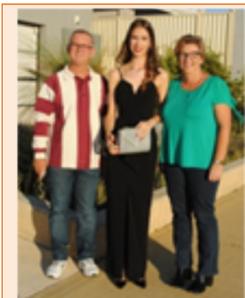
## WHY PEOPLE DON'T VOLUNTEER FOR COMMITTEES

In *many cases the benefits clearly are outweighed by the reality* (the negatives). The reality is that most of the population have had a negative experience when they have volunteered.

The following are a sample of the negatives experienced by those currently volunteering:

- Individual cost of volunteering (as determined by those who are currently volunteering)
- Costs dollars and time
- It places stress on relationships with partners and children
- Requires much more time than they were told to expect
- Volunteers can be expected to be on duty 24/7
- Made to feel guilty if they are not available 24/7
- As individuals they can be disrespected and treated poorly by the members
- They are often exposed to personal criticism
- They are over worked and often feel used and abused
- They feel betrayed because there is no recognition, reward or support
- They can be made to feel incompetent because they are thrown in the deep end
- They worry constantly about not completing their tasks in time or well
- They worry about the money available to do what they have to do
- They are concerned about their legal exposure

They see the current volunteers being badly treated, working far too hard, stressed most of the time, rarely happy and being exposed to personal criticism. They also know if they put their hand up to help they would be in for life just like the current volunteers. Never can they just volunteer once, the organisation will always find another task for them to do.



Our Rotary Exchange student, Olga from Poland, ready for the Mindarie Senior College Ball. With her are her hosts Kathy and Bill, the parents of our RYE student Perri who is currently enjoying the customs of Finland.

The Club is spreading some Easter Cheer to needy families in our Community. The next Club Meeting, scheduled for 12<sup>th</sup> April, will be a fun social event held at Sandy's place. With a little wine and nibbles, Members will be putting together the Easter Hampers and be allocated the names/addresses where the Hampers are to be delivered – personally.



Patron of Rotary District 9465: Her Excellency the Honourable Kerry Sanderson, AC  
Governor of Western Australia

### RotaryWA Ladies Seminar and Luncheon

Hyatt Regency Hotel, Adelaide Terrace, Perth

**Saturday 19<sup>th</sup> August 2017**

8.30 am to 3.30 pm

**Update 4**

Plans are well in hand for the launch of our event  
The Rotary Theme for the next Rotary Year is



**This will be our theme for the day**

We conducted a survey on subjects ladies would like to hear about and following this we have invited interesting and inspirational speakers who are **Making a Difference** in the areas of: -

- Health
- Education
- Women in Sport
- Perth women who have made a difference

As well -

- There will be "retail therapy" on hand! Perth Upmarket is Perth's premier market for original and handcrafted wares. A hand-selected group of its most popular brands will be hosting stalls prior to the day's proceedings and during the breaks.
  - Celebrated West Australian fashion designer Liz Davenport will be attending and Liz has agreed to present a special Fashion Show, organized specifically for us. Garments will also be available for purchase on the day.
  - The Hyatt Hotel is organizing a delicious lunch, including wine, soft drinks tea and coffee
  - Table prizes and a fantastic raffle will be on offer
- Bring your friends, relatives, colleagues – men welcome – it promises to be a fabulous day of "Making a Difference".

Tables of ten will be available. Individual seat bookings are also welcome.

Bookings will be made through TryBooking. Details on next update

Email event co-ordinator June at [juncw1@me.com](mailto:juncw1@me.com) to be added to the mailing list

**END  
POLIO  
NOW**

**MAKE  
HISTORY  
TODAY**

From 2013 to 2018, every US\$1 Rotary commits to WHO and UNICEF in direct support for polio immunization will be **tripled** (up to US\$35 million per year) by the Bill & Melinda Gates Foundation.

**YOUR  
DONATION  
US\$25**

+

**BILL & MELINDA  
GATES FOUNDATION  
US\$50**

**TOTAL  
CONTRIBUTION  
US\$75**

**150  
VESTS FOR  
VOLUNTEERS**



**75  
VACCINE  
CARRIERS**



**600  
PURPLE FINGER  
MARKERS**



DONATE [ROTARY.ORG/CONTRIBUTE](http://ROTARY.ORG/CONTRIBUTE)

LEARN [ENDPOLIONOW.ORG](http://ENDPOLIONOW.ORG)

## SEATRAM - MUCH APPRECIATED!



A Certificate of Appreciation was presented to Mark Patterson, CEO of Seatram (WA).



The advice and service that Mark and his organisation provided to us, to facilitate the transport of the Ampan container to Lae, was absolutely first class. This encompassed transport of the container from Mindarie to Fremantle as well as arranging for re-certification of our old container.

Mark and his organisation also have past experience with the Fawcett Foundation and Wheelchairs for Kids and well understands how not-for-profit organisations such as Rotary need to conserve charitable funds.



*John H.G. Soe, a polio survivor and member of Rotary Club of Jakarta Sentral, Indonesia*

## WHAT IS EFFECTIVE COMMUNICATION?

Communication is about more than just exchanging information. It's about understanding the emotion and intentions behind the information. Effective communication is also a two-way street. It's not only how you convey a message so that it is received and understood by someone in exactly the way you intended, it's also how you listen to gain the full meaning of what's being said and to make the other person feel heard and understood.

More than just the words you use, effective communication combines a set of skills including nonverbal communication, engaged listening, managing stress in the moment, the ability to communicate assertively, and the capacity to recognise and understand your own emotions and those of the person you're communicating with.

Effective communication is the glue that helps you deepen your connections to others and improve teamwork, decision making, and problem solving. It enables you to communicate even negative or difficult messages without creating conflict or destroying trust. We can all learn.

## COMMITTEES - ATTRIBUTES/BEHAVIOURS

Attributes that ensure effective management of a modern organisation are:

- **Commitment** to the organisational mission, not selected individuals or special interest groups.
- **Sufficient time** to devote to tasks - active participant in the delivering tasks.
- **A clear understanding of the role/tasks required** of the collective, their individual committee position and/or the willingness to learn the role and tasks.
- **Enthusiasm** and an interest in people and the organisation.
- **Leadership and skills** to deliver the expected outcomes of the organisations plans.
- **Willingness to accept responsibility** for the decisions and task, conducted by the committee as a collective as well as an individual.
- **Tact and good judgment** as an individual and as a group.
- **Discretion.** - Effective committees utilise discretion to protect the organisations human and physical assets.
- **Communication and listening skills** Ask questions, give clear answers, research ideas and most importantly, listen.
- **Strategic vision** ensuring the collective is clear on the strategic vision and direction of the organisation.

All these behaviours can be managed if the appropriate procedures are in place.

A successful committee needs a system that is bigger than any specific individual. If every committee member understands their role, responsibilities and legal duties clearly and is made to sign off on how committed they are, the group will perform much better together.

ROTARY CLUB OF WELSHPOOL

# QUIZ NIGHT

AND

# SILENT AUCTION

SATURDAY 13th MAY 2017      TIME: 6.30 FOR 7.00 PM START

Belmont RSL Sub Branch  
22 Leake St Ascot. (Corner Great Eastern Hwy)

TABLES OF 8  
COST \$15.00 PER PERSON

THE CLUB IS LICENSED AND DRINKS CAN BE PURCHASED AT THE BAR

### JOIN US FOR A GREAT FUN NIGHT

EXCELLENT PRIZES FOR 1st 2nd & 3rd places  
PLUS NOVELTY QUIZ PRIZES & HEADS & TAILS

SILENT AUCTION - WITH LOTS OF BARGAINS

MONSTER HAMPER RAFFLE & CONSOLATION PRIZES  
DRAWN ON THE NIGHT

Quiz Master: **Scott Willis**

THIS IS A CHARITY FUND RAISING EVENT TO SUPPORT THE  
**WA FOODBANK; SHELTERBOX AUSTRALIA;**

and

**CAMP OPPORTUNITY**  
A week live in camp for disabled adults 18 - 35 yrs

TABLE BOOKINGS : GREG THOMAS 0401 990 201 or ROSS MARINICH 0419 914 906

# MUSINGS FROM PERRI

Hi all,

What a crazy first 2 months of exchange it has been!! I can't believe that it has already been 2 months!!

RCM outbound RYE student



My exchange so far in Finland has been amazing! My host family have been so welcoming and in no time at all I felt a part of their family. They have made my experiences so far possible and I'm so grateful for that. Starting school was much easier than I expected and I have already made some great friends!

I have no idea how I have found the time to sit down and write this. The past two months have gone by so quickly, I have been constantly on the move from one new experience to the next. From swimming in the frozen sea and lakes to sauna (quite literally) to making snow angles, both in my winter gear and bathers, snow men and snow tunnels, skiing, ice skating, ice hockey games, walking on the sea, shoveling snow off the driveway, school and site seeing.

My exchange in Finland started off with 2 days in the beautiful town of Hamina on Finland's south coast, about an hour from Helsinki. I stayed here with Shu-Wei, another Rotary exchange student from Perth. We were hosted by Paavo & Immi Rönkkö, head of Rotary exchange in Finland. They were so lovely and we have been invited back to stay with them any time, we are planning on going to visit in the summer.



Standing on a frozen lake with our flags out

We then met the rest of the January inbounds in Helsinki, most of them from Australia, as well as from New Zealand, Brazil and Ecuador. We all piled into a bus and headed off to the language camp. By the end of the 3.5 hour bus ride we had all become best friends!

The language camp was held in a boarding school called Karku, just outside the town of Sastamala. The week at the language camp was so much fun!! As well as language lessons, we also had some talks about Finnish culture & history and participated in some typical Finnish winter activities. These included tobogganing, pulka in Finnish/Swedish, building snowmen and of course snowball fights. Twice while we were at the camp we went to sauna. I really enjoy sauna, as do most Finnish people. A lot of people in Finland go to sauna everyday! A tradition that is sometimes a part of sauna is go to and dip into a hole in the lake, this is called avento or winter bath in Swedish, or to roll in the snow! I can proudly say I have done both! It was so so so cold, but an amazing adrenaline rush.

- continued



The Rotary Club of Wanneroo is holding a  
Sundowner Information session  
at Paul Conti Wines.  
Enjoy finger food and refreshments.

Where: Paul Conti Wines  
529 Wanneroo Road  
When: 10<sup>th</sup> April 2017  
Time: 6pm for 6:30pm  
RSVP: Ian Bradshaw 0434 545 970

A lot of people cry when they cut an onion.  
The trick is not to form an emotional bond.

- continued

After a week at Karkku, it was time to go to home! Home for me now is in a town called Pargas, an island in the archipelago between Finland and Sweden. We are reasonably close to the mainland and Finland's 4th biggest city, Turku (Åbo in Swedish), is only a 45 minute drive away across a few bridges. It is such a beautiful little town. I'm staying with Tuula and Jonny Randström, in a little pink house right by my school. I have a host sister, Ellen, who is also 18 and a host brother, Simon, who is 21 and currently doing his military service, so is only home some weekends. They have 3 poodles, Yella, Joya and Xavi, they are so adorable! They have been so welcoming and lovely and have helped me settle into life in Finland and in their family really quickly!



My new home

Pargas is mostly a Swedish speaking town, so I'm learning Swedish, not Finnish. Quite often in the evenings I read Swedish children books with my host mum. I am finding this to be very helpful. Tuula speaks mostly Swedish to me and I can understand a lot of what she says. However, I have found it more difficult to understand other people. I mostly reply in English but I try to use the Swedish words I know when I can. Every week the language is getting easier.

The school I go to is called Pargas Svenka Gymnasium. It is a really small school with about 10 classrooms, 180 students and 3 grades.

Everyone knows everyone. It was quite a shock coming from Mindarie Senior College, but I quite like it. It's really cosy. Everyone is friends with everyone and there isn't any popularity hierarchy or anything like that. Everyone knew I was coming too so I had a very warm welcome! I have made so many really great friends already!



My school

The SOS signal doesn't stand for anything.  
It's just a meaningless combination  
that is easy to remember.

To be continued next Bulletin