

The Mindarie Rulletin





Rotary Club of Mindarie Inc. WA
District 9455 Club 83520
Chartered 11/2010

www.rotarymindarie.com

Meets every second Wednesday at Mindarie Marina Boardroom. 5:30pm for 6:00pm

2017/18 THEME



RI President Ian Riseley: In 2017-18, we will answer the question "What is Rotary?" with the theme Rotary: Making a Difference.

However each of us chooses to serve, we do it because we know our service makes a difference in the lives of others. Whether we are building a new playground or a new school, improving medical care or sanitation, training conflict mediators or midwives, we know that the work we do will change people's lives — in ways large and small — for the better. Whatever motivation each of us had for joining Rotary, it is the satisfaction we find in Rotary that causes us to remain, the satisfaction of knowing that week by week, year by year, we are part of Rotary: Making a Difference.



You can make a difference.

MAKING A DIFFERENCE for the Homeless and Needy

As part of its ongoing "Make A Difference" effort in the local community and for Homelessness Week, the Rotary Club of Mindarie donated 30 winter backpacks to MercyCare, for distribution from the Merriwa Community Hub, to persons presenting with homelessness and requiring immediate help.



Nita Harken, Community
Engagement Officer at the
Merriwa Community Hub stated
that she felt really warmed by the
thoughtfulness and kindness of
the Rotary Club's members and
that staff and other community
organisations will be very proud
to hand these out on the Club's
behalf.

The Merriwa Community Hub has people turning up such as those

escaping domestic violence or family discord or who have been couch surfing with no permanent place to stay. In addition, the Hub's Aboriginal Youth Program has youth/family presenting with homelessness from time to time.

President Ralph Sirmulis, said that idea behind the backpacks was initiated by PP Sally Farr who, as Chairperson of Rypen, requested students attending the recent District 9455 RYPEN Camp, bring along a backpack with some items for the homeless. The contents were supplemented from the Club's fundraising activities and contained basic necessities such as beanies, ponchos, blankets, socks, toothpaste, thermos, soup, coffee and tea and other items.

Both MercyCare and the Rotary Club of Mindarie are looking forward to an ongoing partnership whereby both can increase their efforts to assist those in need in the local community.

The Club has already undertaken projects to distribute Christmas and Easter hampers within

distribute Christmas and Easter hampers within the community and is looking for Mercycare's expert advice and guidance to ensure that its community effort is most effective.

An additional 10 backpacks were also assembled and given to our member Margaret Dull to distribute to the needy and homeless that she frequently encounters in the local area. Most of us have no idea of the great work that

Margaret does in regard to community service work.

Thanks to all who assisted – Margaret, Andrea, Sandy, Violet, Cheryl, Margaret Jackson and Mark Folkard MP (for use of his offices).



Club Meeting 16th August Dome Currambine

Having been advised, by the Marina, of the unavailability of the boardroom, the day before our scheduled meeting, our Club meeting was convened at Dome in Currambine.

Apologies had been received from Tracey, PP Sally, Andrea and Dave and there were the standing apologies from PP Nigel, Brian, Nick, Kelly and Alan. A warm welcome was extended to Gary Mort, President of Joondalup.

The toast to Rotary and Australia was given by PP Karina.

With regard to makeups and visits, the only event noted was Ralph's attendance at RC Joondalup's meeting where the guest speaker was Michael Sheldrick. He stated that it was good evening but that Michael was not a well known personality – certainly within RC Mindarie.

Ralph advised those attending the circumstances as regards the change in venue. He stated that he had to defer the guest speaker planned for the evening. The Marina is undertaking renovations of the hotel foyer (including the Boardroom) and once completed, the Marina will be expecting RCM to pay a room hire fee in the future. There was discussion about alternative venues.

Ralph then raised the following:

- We need to seek out new member prospects as our number are down.
- The sausage sizzle raised \$1100. The number of people were down even though it was a non-rainy day. We only sold around 650 sausages. We are thankful to Quinn and Chloe (Fiona's son and his girlfriend) and Margaret's daughter Leah for their assistance as well as PP Sally, PP Sandy, Violet, Margaret, Dave, Ralph and Matthew Newton
- The 30 Winter backpacks were formally handed over to Mercycare last Tuesday and were very well received. There was a small ceremony with photos being taken. A Press Release has been prepared and Ralph will be submitting this to Community Newspapers for some publicity. It is felt that establishing this relationship is a very good move as it will significantly enhance our community efforts. Major Nikki from the Salvation army commented that in future, we need to include groundsheets in the backpacks.
- Margaret has also managed to distribute 6 of her 10 backpacks to some of the homeless that she encounters on her travels.
- Swap Mart last Sunday was not great with only three sellers.
 PP Darren commented that two of the sellers did good business and that he discounted their seller fees.

RYE student Kaisla gave us a brief summary of what had been happening in her life over the last two weeks whilst she is being hosted by Mike.. It was intended that Kaisla give a presentation of her family and life in Finland, but due to the unexpected change in our meeting venue this had to be deferred again.

Margaret and Ralph will be presenting a Certificate of Appreciation to Mindarie Primary School in recognition of their effort with the Ampan container and the fundraising of \$708 by the students for the next stage of Ampan. This presentation will be done at a school assembly on 7th September. Margaret will inform the school of what impact the donations in kind have had in the Morobe province overall.

There was discussion about the Deals4Locals booklet that offers discounts for local business services. President Joondalup Gary spoke about the enthusiasm of the initiator (Simon Ryan). He advised that he had brought with him some 50 booklets to be distributed on consignment. There was general agreement that the booklets were a very good idea as they focused on local businesses. It was also advised that the Club would get \$7 out of the \$10 selling price.

Did you know?



A person's height is determined by their father, and their weight is determined by their mother.



Some other housekeeping/information items discussed included:

- RC Joondalup is having a Quiz Night on 14th October. So far Margaret, Ralph, Myrtle and Karina have indicated their interest in attending. Jessica mentioned that she would like to attend.
- Ralph reminded those present of the Rotary Means
 Business event on 12th September at Subiaco. He has made
 bookings for Darren, Nigel, Ralph and Jessica. There was
 some discussion of the value of this initiative and how it
 had been a key part of Rotary in its early years but had
 "dropped off the radar" over the last 10-20 years.
- Jessica indicated that she was very much in favour of building relationships with local businesses and is prepared to take on the Business Breakfast concept proposed back in 2016.
- A reminder that membership dues need to be paid

The next meeting is scheduled for 30th August. Guest Speaker planned is Major Nikki Novell from the Salvation Army, Merriwa. However, this will be dependent on securing a suitable venue. Ralph will advise.

In addition, we hope to have the presentation by Kaisla ,which has now been deferred twice.

The meeting concluded at 19:40.

A CRITIC

IS A MAN WHO KNOWS THE WAY

BUT CAN'T DRIVE THE CAB

A day without sunshine is like night.

ON THE SUBJECT OF

HOMBILESSNESS

The Rotary Club of Mindarie is again homeless!
Early this week, President Ralph was informed that the
Boardroom at the Mindarie Marina is no longer available to
us due to renovations of the hotel's foyer area. In the
interim, the Marina offered the Indi Bar area, where we had
met on occasions in the past.

Once the renovations are completed, we will no longer have :"gratis" use of the Boardroom. The Marina is prepared to offer us a good rate to continue using the Boardroom in the future.



As a result, the Club is faced with a dilemma:

- Do we levy members to pay for the use of the Boardroom, at a fee yet to be determined. This is not a preferred option.
- The obvious alternative is that we consider different venues. Some that have been mooted include:
 - Currambine Tavern
 - The Quinns Mindarie Surf Club
 - The Beaumaris Sports Club
 - Quinns Bowling Club
 - Dome at Butler
 - Whale and Ale

Some factors to consider include:

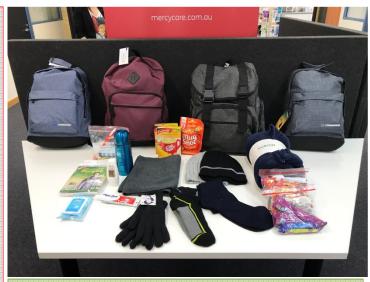
- There is no room charge
- The need for a venue where the room is "suitable" for meetings and guest speakers i.e tidy, quiet
- Food and drink are readily available at a reasonable cost
- Ideally located within our catchment area i.e. Clarkson/Mindarie

For those interested, our catchment area is from Burns Beach Road up to Pippidinny Road and east to Wanneroo Road. This is not sacroscanct as we have made doations to schools as far as Lancelin and are farthest Club north of the River.

Members' views are welcome!

"One of the most powerful lessons silence teaches us is to ponder"

- Ernest Agyemang Yeboah





The Club has decided to promote the Deals4Locals Discount voucher book.

Members are urged to get their booklets and engage In selling them to their friends, relatives and colleagues who reside and/or work in the local area.

The Booklet costs \$10 and for every sale, our Club receives \$7.

RC Joondalup is also promoting this great discount deal. PP Karina, Jessica, Margaret, PP Darren and Violet have taken 58 booklets between them.

Copies can be obtained from Ralph.

Sherlock Holmes and Dr Watson were going camping. They pitched their tent under the stars and went to sleep. Sometime in the middle of the night Holmes woke Watson up and said: "Watson, look up at the sky, and tell me what you see." Watson replied: "I see millions and millions of stars." Holmes said: "And what do you deduce from that?" Watson replied: "Well, if there are millions of stars, and if even a few of those have planets, it's quite likely there are some planets like Earth out there. And if there are a few planets like Earth out there, there might also be life." And Holmes said: "Watson, you idiot, it means that somebody stole our tent."



The Club is going through tough times at the moment.

- Our membership is down. Since January 2017, we have lost Peter, PP Sandy, Mike, Cheryl, Brian Baily and Kathy. (Since the Club was chartered in late 2010, we have seen 50 members depart the fold).
- ☐ We have gained Andrea, Jessica (and soon) Violet.
- □ We have several members who have decided to take leave of absence until January 2018 Alan, Kelly, Nick.
- Mayor Tracey is unavailable due to heavy work commitments.
- □ We have two members who are taking well deserved vacations (Nigel and Brian Butterworth) and thus have been unavailable during August.
- □ We are unable to fill a number of executive roles i.e.
 Secretary, Treasurer, Youth Director and Community Service Director.
- Attendance at meetings is low; because of our age demographic, members have work and family commitments.
 Not having guest speakers and having struggled over the last two years for a regular meeting place, hasn't helped.
- □ In addition, we are now looking for a new home to hold our meetings. Without suitable premises, we cannot invite guest speakers and present "stability" to new member prospects. Building "team spirit" becomes a more difficult task.

All the above are having a big impact on the Club and our ability to undertake any events and activities such as Swap Mart and sausage sizzles let alone projects.

- Our last sizzle was able to take place due to some members putting in long hours and the availability of friends and relatives.
- We are struggling to man the Swap Mart as members are more frequently rostered and many have other commitments.

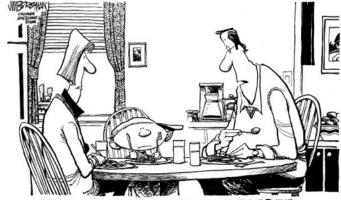
I set out the above so that current members understand what is our current situation.

Despite the issues, we have done, and will continue to do, some good in our local community.

As President, it falls on me to redress the situation and fortunately, we have some members who are willing to give more than their fair share of time to help.

In response to our situation members should note that:

- We are undergoing a cultural change in the Club.
- We are finding new member prospects who do have the core Rotary values and who have time to give.
- We are forging new working relationships (with external parties and other Clubs) to facilitate our "making a difference" philosophy.
- We are looking for ways and means of re-igniting team spirit and fellowship.
- There are some "bumps" on the road that we need to overcome.



"WELL, YES, WE COULD READ YOUR BLOG.... OR YOU COULD JUST TELL US ABOUT YOUR SCHOOL DAY."

WHAT IS CYBER BULLYING?

Cyber bullying is harassment through electronic forms of communication, such as email, social media, online gaming platforms or text. It is an intense form of psychological abuse, with a higher likelihood of creating mental disorders than traditional bullying.

It encompasses threats, hate speech, spreading rumours and sharing private details. Bullies can also start websites with the intention of intimidating or humiliating targets, or set up fake social media profiles in the victim's name. Intentionally and cruelly excluding someone from online groups can also be a form of cyber bullying, designed to make the victim feel worthless.

A report commissioned by the Australian Government from UNSW's Social Policy Research Centre in 2014 estimated 463,000 young people aged 8-17 were victims of cyber bullying. Study and prevention remains difficult, however, with a great deal of cyber bullying taking place hidden from view. Most of the time, cyber bullying goes on entirely undetected.

ONTHEAGENDA

In line with our "Making A Difference" philosophy, it is intended that the Club:

- Sources more items for Ampan as there is a private container leaving Perth for PNG in September. Looking for tools, clothing etc. Contact Margaret for information.
- Hosts some of the aged in our community to a morning or afternoon tea. This is penciled-in for October and we will be working with Mercycare to make this happen.
- Continues with the Christmas Hamper initiative that was started last year. We need a champion for this.
- 4. Undertake a tree planting day as suggested by RI President Ian Riseley. Anyone know where we can source tree seedlings at cost effective rates?
- 5. Prepare "baby boxes" or similar for needy and homeless in our community. We would look to again request assistance from the Northern Suburbs Mens Shed and Mercycare. Anyone interested in championing this?

We are in the throes of creating a Rotary Club of Mindarie Facebook page. There is one already but we have been unable to find out who the administrator is and Facebook is not responding to our enquiries and therefore new one has been started. It is intended that this will be a better way of communication and perhaps a substitute for this Bulletin and SLACK

HOW TO FRONT A ROYAL COMMISSION OR GOVERNMENT ENQUIRY

Perhaps your organisation has been busted hacking a schoolgirl's phone. Or maybe you lived and worked with dozens of child abuses but totally forgot to do anything about it. It happens to everyone.

The thing is, these types of matters can land you in hot water. In some cases it could even lead to you facing a public enquiry. But there's no need to lose face. Follow these five steps and you'll be back at the top of your game before the next witness can say 'my level of recall is not sufficient'.



- The Shove

Government Enquiry

1. Act really old

Old people are endearing and harmless. Some of them have dementia. They certainly don't have knowledge of the innerworkings of large organisations.

Spend some time visiting a nursing home before your appearance, and try to mimic the behaviour you see. For example, you might want to shout 'What's that sound?' midway through a barrister's question. Or just randomly say, 'I'm telling you, she came in here and stole my things'. Basically just give the impression you have no idea what's going on.

Tip: When your appearance has finished, make sure you're at least 100 metres away from the courtroom before you take out your fake hearing aid/execute a complex takeover of a foreign media outlet.

2. Forget everything

This one's really important. Start each answer with 'I cannot recall' or 'I have no recollection'. For longer hearings, mix things up a bit with 'I don't have a clear recollection' or 'my memory is betraying me'.

You can't be blamed simply because you've forgotten something. It's human nature to forget where you left your keys or that time when someone told you a child was being sexually abused.

3. Take responsibility for apportioning blame

Let's say you're the director of a company that's made a \$70,000 donation to a political party. It's unreasonable to expect that you'd know about every donation the company makes. I mean, it's not as if you're the treasurer of the political party receiving that donation! Actually, bad example.

Ok, let's say you're head of a media company, and you have a reputation for being really hands-off. No, that doesn't work either. Look, what we're saying is, find out whose fault it can be, and then be man or woman enough to accept that it's your responsibility to name them in the hearing.

4. Get any outstanding odd jobs done before the hearing starts

These hearings can take a chunk of time out of your day. So it's best to get those little errands – like organising a dentist appointment, or disclosing a \$40,000 campaign donation – off your plate before things get underway.

5. Say 'humble'

You don't actually have to be humble, just say that you are – it's pretty much the same thing. We're not suggesting here that you should say it's the most humble day of your life or anything quite that extreme. Actually, yeah go with that.

Rotary Australia Compassionate Grants



Funds raised with the help of a Rotary Australia Compassionate Grant (RACG) are financing a Pressure Mapping System to help wheelchair-bound people in North Queensland. The system measures pressure loading in the body, in this instance pressure loading through the buttocks, and saves huge costs on the healthcare system by preventing deep pressure injuries that can lead to long periods of hospitalisation and even death.

It is exciting to see the variety of programs put forward by Rotary clubs for compassionate grants. Since launching the program in February 2017, some 26 grants totalling \$223,392 have been approved, with clubs from all states participating.

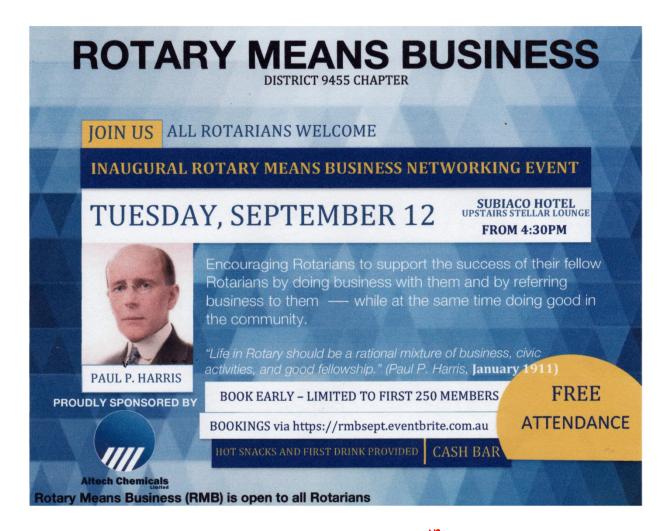
Programs include support for families following critical accidents involving their key breadwinner, single mums needing to take extended time off work to be with seriously ill children (often far from home) and practical assistance for victims of family violence through women's refuges.

Additionally, projects have supported individuals and groups through the provision of technologically advanced programs to assist with health management and improved education. Two clubs are raising money to provide young wheelchair-bound people with the means to be independent or to be able to share in family activities more easily.

For more information, look through the RACG/RABS programs registered on the RAWCS website. Well done the 25 clubs registered so far. We hope to continue with this take-up so that the \$1 million donated by Dick Smith is quickly out in the community helping people in need.

Bob Cleland

Rotary Club of Port Macquarie, NSW



Remember to bring your Business cards & \$20 for the RMB Community Raffle

ROTARY MEANS BUSINESS

\$20 RMB Community Raffle

Enjoy an ALL EXPENSES PAID 4 hour Sundowner River Cruise for 12 people on the magnificent 58' Fairline Squadron "FELINE" with Rotarian Larry Hirsch as your skipper, and Rotarian Ron Gibson as your host

All FOOD & DRINKS INCLUDED.

Value \$2,500.

Prize is subject to availability and weather

