



# THE MINDARIE BULLETIN



No: 6 July 16<sup>th</sup> 2015

## RCM



MINDARIE

### Rotary support for young kids

THE Mindarie Rotary Club has donated \$500 to support a local program improving parenting skills and boosting self-esteem.

The New Parent Infant Network (New-pin) early intervention program for mothers and their children up to the age of five has been operating in Merriwa since 2009. It aims to help mothers gain a deeper understanding of their children's developmental needs and to learn the skills to keep their children safe.

Uniting Care West acting chief executive David Cain said some of the funds would help cover art tables for the children.

Club volunteer Sandy Jones said the money had been raised through the entry and sellers fees from their fortnightly swap mart at Ocean Keys Shopping Centre.

"We're trying to keep a lot of funds in the local area because with the swap mart, it's all local people paying towards it," she said.

"We've raised about \$15,000 now and

NORTH COAST TIMES  
16TH JUNE 2015

It's been going for about a year. We've just donated to the Mindarie Primary School as well.

"They do a garden down there. It's fantastic what they're doing for the kids."

The next swap mart will be held on Sunday, June 21, in the covered car-park off Pensacola Terrace, Clarkson.

Sellers arrive at 6.45am for \$10 per site with buyers able to enter from 7.30am for a gold-coin donation for community projects.

For more visit [rotarymindarie.com](http://rotarymindarie.com) for more.



Karen Griffin (New-pin) and Karen Chalcraft (Uniting Care West) with Lisa Byfield and Sandy Jones from Mindarie Rotary Club. Picture: Martin Kennealey 0438641

North Coast Times | 7 Jul 2015

### Wheels of change turn at Rotary clubs around the world



Incoming president Nigel Owen with outgoing president Sally Farr.

LATE June every year is a time of change in the Rotary world. All 34,000 clubs around the world conduct a changeover ceremony to bring new leadership, new ideas, a new theme and renewed vitality. Mindarie Rotary Club was no exception, celebrating at the Hardware Cafe in Quinns Rocks last month.

District Governor Elect Patricia Canning, several visitors from neighbouring clubs and Wanneroo Mayor Tracey Roberts were among those who attended. President for the year, Sally Farr, and her board handed over the baton to the incoming president Nigel Owen and the new board. Visit [rotarymindarie.com](http://rotarymindarie.com) for more information.



Rotary Club of Mindarie Inc. WA  
District 9455 Club 83520  
Chartered 2010

[www.rotarymindarie.com](http://www.rotarymindarie.com)



Be a gift to the world

RI President K.R. Ravindran chose *Be a Gift to the World* as his theme for 2015-16. Ravindran urges Rotary members to give the gifts of time, talent, and knowledge to improve lives in communities across the globe. "Through Rotary, we can take these gifts and make a genuine difference in the lives of others and in our world."



### DO YOU KNOW FACEBOOK?

Someone required for the Bulletin and Facebook management as a regular editor.

- RS

Club member survey results are available on the website



# Rotary Club of Mindarie

## MEETING NOTES



### CLUB MEETING Tuesday 7<sup>th</sup> July at Mindarie Senior College

The meeting opened at 1805 with poor attendance, perhaps due to school holidays.

Apologies were received from Brian Butterworth, Rani Dogra, Mike Gilbert, Alan Ward, Sandy Jones, Sarah Morgan, Jack Morgan, Tracey Roberts, Karina Martin.

Nigel acknowledged the guests attending: Phil Cousins (PP Wanneroo and guest speaker), Tina Burain, Sharon Kinraid and Raelene Quinn. Mention was made that another potential new member, Shirly Coster could not attend on Tuesdays due to personal commitments.

Club members were advised of the "new rule" to be adopted for Club meetings (as stated in the notice of meeting:

*"It will be assumed that all members will be attending the meeting and thus catering will be arranged accordingly. If a member does not advise that they will not be attending, they will still be charged for the meal."*

*Peter advised that last year, the Club made a loss on the Club meeting meals.*

The toast to Rotary was given by Sharon Kinraid  
Nigel mentioned that we have three applications for membership (Sharon, Raelene and Tina)  
There were no makeups from any members.

Nigel then presented his view of how he wished the Club to move forward over the course of his leadership. He made particular mention of the Members' Survey that had been circulated back in May 2015 and that he had taken cognisance of the views of the Club Members that had responded to this survey.

There were three areas of focus for the year ahead:

- Improved fellowship and communication
- Taking SwapMart to a higher level
- Attract and retain members



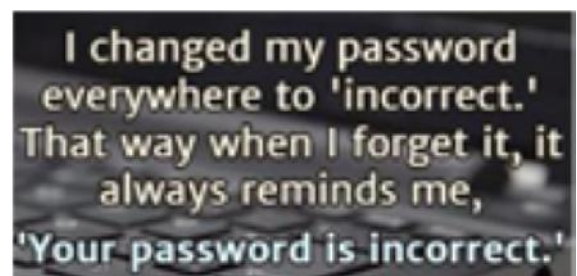
Key points of Nigel's first address as President included:

- He saw the Bulletin as an important communication tool and stated that things had not gone well with the regularity of publication of the Bulletin. He acknowledged Ralph's effort with the Changeover Bulletin and stated that Ralph was basically in a caretaker role that we really needed someone to take this on full time.
- The Members' Survey had indicated that members wanted more information about what was going on and that this would be addressed. He recommended that Club Members should make an effort to go to the website as it was being kept up to date with current events.
- SwapMart needs to grow and he will be looking to the Community Service Committee to come up with ways of improving on what is currently being done.
- SwapMart rosters are published on the website and Margaret is revising the current roster in the light of fewer members.
- Directors of the Areas of Service are now in the process of doing budgets, something that has not been done previously.
- RCM needs to lift its profile with more external communication of its activities. At the moment, Lisa has done a great job organising the publicity for the handover of the HAND trailer, and Sandy had done great work in respect of other activities. However, we need someone to take on the role of publicity?
- He thanked Lisa and Brian Butterworth for their efforts at the Changeover Dinner.
- Club Service is working on a new member process and that it was really every members responsibility to bring in new members and help retain existing members.
- The Members' Survey results will be available on the website from tomorrow

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**Use the website  
– it's there for Members**





## Rotary Club of Mindarie

### MEETING NOTES



Nigel then handed over to Ralph who advised that as Nigel had mentioned previously, the feedback from the Member Survey indicated that we needed to improve communication to members. Consequently, meeting formats would be as before, with reports from each of the Directors of Areas of Service, with the addition of a report from both the Secretary and the Treasurer.

The Secretary would summarise what is happening at Board meetings and the Treasurer would provide a financial status report. Such reports would be monthly (every second Club meeting)

He stated that there had been two Board meetings so far and the issues/matters under discussion included:

- State of the Club's finances.
- Area of Service Committee budgets – each Committee needs to determine a budget, in consultation with the Committee members, and that this needs to include fundraising activities so that we are not just reliant on the SwapMart.
- We expect that Committees will be more active in planning and executing events and activities and thus members will have more involvement.
- We are looking to Club Service to plan and manage more social and fellowship events.
- Included in our thinking are fundraisers such as grand raffles and smaller raffles, perhaps 4-5 during the course of the year but these would have to have defined objectives.
- Tightening up and revamping new member induction processes.
- A more planned approach to giving donations i.e. raising funds for defined purposes. Committee members will be active in such planning.
- SwapMart facts/points of issue:
  - Held every second Sunday
  - Based upon records for Jan-Jun 2015, our average numbers per event are 25 sellers and net of \$458 after expenses
  - There are two Facebook pages
  - Of the current 21 members, 6-7 are unavailable for SwapMart rosters
  - The Board has decided to trial staffing SwapMart with three members rather than four
  - In order to boost funds raised, we need to increase exposure of the event
  - We are considering holding SwapMart weekly. This would mean that members are on roster every 4 weeks
  - As per Nigel's approach, it is left to the Community Service Committee to come up with solutions/suggestions to these two issues.

Peter advised that he could not deliver a financial status report as we still did not have access to the bank accounts. A report would be forthcoming next meeting.

Lisa advised that a social event was under consideration for 22<sup>nd</sup> August. This could be at a restaurant or a member's house. A vote was taken in favour of a member's house. Tiffany volunteered her place.

Discussion also took place regarding

- a picnic event at Yanchep on 1<sup>st</sup> November.
- A Christmas event around 8<sup>th</sup> December
- It was agreed that social events did not have to occur on Fridays or weekends but could be during the week, especially if a proposed Christmas events is being planned.
- Lisa to explore further.

Sally spoke about Relay for Life, for which she had already booked a site.

- Scheduled for 17<sup>th</sup>/18<sup>th</sup> October
- We need to raise around \$1500 for the RCM team
- We need volunteers
- See the website for details

Other matters covered included:

- Need to have discussion with Victoria at Ocean Keys Centre as the extended trading hours over Christmas impacted the SwapMart
- The trailer handover to HAND and how appreciative they were
- Alice returned to Japan on 6<sup>th</sup> July. Credit to Tiffany for her work with respect to Exchange Students as well as the host families.
- Sharon advised that she will be absent for the next few meetings

Sally then continued the tradition of levying fines left, right and centre and relished her role as Sergeant-at-Arms.



- The meeting closed at 1930





**Phil Cousins  
(PP Wanneroo)  
Spoke about Youth Focus  
and Ride for Youth**

Youth Focus aims to put a stop to youth suicide, depression and self-harm. It operates a team of tertiary trained and skilled mental health professionals to provide young people and their families with a range of free, unlimited and expert early intervention and prevention services. Youth Focus is a not-for-profit community based organisation working with people aged 12-25 years.

Some funding is received from both State and Federal governments but, as always, this is never enough. This is where The Hawaiian Ride from Youth was born.

In 2003, a group of social riders from Floreat decided to challenge themselves and make a difference. So instead of riding around the Swan River each week, they decided to ride from Albany to Perth over 5 days and 700 kms.

From just 24 riders in 2003, they raised \$150,000 and in 2015, from 138 riders, \$2,4 million was raised,

Over a 13 year journey, some \$12.6 million has been raised for Youth Focus.



All my life I thought  
air was free, until I  
bought a bag of  
chips.



## FAREWELL TO ALICE TARA



Alice departed these shores on the 6<sup>th</sup> July. At the Club meeting on the 7<sup>th</sup> July, Sally commented how Alice had changed.

When she arrived, she had very little command of the English language, was shy and somewhat introverted, and was a little homesick.

After living with several families and attending school, her English improved considerably.

Coupled with meeting and being able to communicate with more and more people of her own age, she "blossomed".

Of course her favourite part of her stay was visiting the various theme parks on the Gold Coast.

We will miss Alice and she will miss us.



Volunteers required to man Clarkson station, wearing silly hats, to raise money for Mental Health Research 9<sup>th</sup> October

## FROM THE DISTRICT GOVERNOR

Welcome to the first newsletter for the new Rotary year. Our RI President Ravi Ravindran's theme this year is – "Be a Gift to the World". It is a simple yet powerful message. So many of you are doing this already: giving your time, your talents, and your friendship so that others may have a better life.

The first thing I would like to do is to thank all Rotarians and your partners for the very warm welcome we have received and the great support that we have been given at both district and club change-overs. Kerry and I have a few more to go yet, and we look forward to them.

I am hearing from many of you about membership. It is a constant struggle, I realise, and I'm delighted to announce that Past District Governor Angus Buchanan will lead the Membership Committee. There will be teams specifically designed to help your club throughout the year. We will not only work with clubs to gain new members but also to help clubs retain their members. If we can close the back door, then all our efforts in attracting new members will be far more successful, sustainable and satisfying.

The 12<sup>th</sup> August is International Youth day. It's a timely reminder for your club and Rotarians to plan a joint event or project with your Rotaractors, Interactors or your link school.

I had the privilege of witnessing the chartering of our first Earlyact Club on Friday 3<sup>rd</sup> July. Assistant Governor Jane O'Leary from Western Endeavour RC, PDG Angus Buchanan and many club members have worked very hard to reach this milestone. The club is based in Rosalie Primary School in Shenton Park, and 24 of the students are currently involved. They have already raised funds to help young school children in Africa. Earlyact is very similar to Interact, but in Primary Schools. Please consider Earlyact as a project for your club. It will help amplify and round-out our Rotary family.

Stay tuned for an innovative fundraising opportunity around the time of Hat Day to support Australian Rotary Health. PDG Colin Thorniley and his team will be in touch with you very soon with all the details. Kerry has made Australian Rotary Health – especially Mental Health – her charity of choice this year. So if you would normally give Kerry a small gift when we visit your club, please don't ... instead Kerry would prefer a small donation in her name to Australian Rotary Health.

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# Relay For Life

*Celebrate Remember Fight Back!*

The Relay for Life is organised by a local volunteer committee on behalf of the Cancer Council WA.

Teams which are headed up by a team captain, get together and fundraise year-round. Everyone then meets at the relay to celebrate in a relay-style walk or run, challenging themselves to stay on the track overnight.

You raise money by being sponsored for each lap that you walk or run.

There is a \$40 early bird registration fee and we need to beat last year's total of funds raised.

Sally has organised a Mindarie Rotary team so if you wish to participate, please contact her.



A Biologist, a chemist, and a statistician are out hunting. The biologist shoots at a deer and misses 5 feet to the left, the chemist takes a shot and misses 5 feet to the right, the statistician yells "We got 'em!"

## FROM THE DISTRICT GOVERNOR (CONT)

Rotary Oceania Medical Aid for Children (ROMAC) has recently announced that they have a new "active" patron – Margaret Abbott, the Prime Minister's wife. Mrs. Abbott has already been working with the committee in the Eastern States. Read more about this on the District website.

Our Shelterbox "temporary" homes in Haiti continue to be used by Haitians as they are more robust and comfortable than their previous homes destroyed in the disaster some years ago. Also in Nepal, Shelter-boxes have been used for hospital wards for patients with simple, non-life threatening injuries.

RI President Ravi has introduced a new initiative – Rotary Global Rewards. Go to the Rotary International website – go into your My Rotary account – scroll down to the bottom of the page – click on Rotary Global Rewards under Featured Links. You will then see the firms Rotary has partnered with all over the world providing you benefits on purchases such as hire cars, accommodation and so on. RI will get benefits too: a win – win situation.

Our District Directory this year is a "live" online document. This means that it can be constantly updated, corrected and added to – as you know a printed document cannot. You can still print out the Directory as a handy A5 size document, and you can print sections if you prefer, not the whole thing. The cost savings we have put into Training.

The District Website also contains information about the RI and District Awards that are available to your Club and Rotarians. Please take the time to look at these, the information is also able to be down-loaded from the District Directory. Please note that your Club Bulletin award has changed to a Club Communication Award, taking things like your Website, face-book into account. The criteria are published in our Directory for you to look at.

Kerry and I are looking forward to meeting all our Rotarian friends and partners over the next weeks and months. We are very keen to work with you and your clubs to help you realise your goals, achieve your dreams, so that together we can truly be a Gift to the World.

Jerry Pilcher – District 9455 Governor

A murderer is condemned to death. He has to choose between three rooms: The first is full of raging fires, the second is full of assassins with loaded guns, and the third is full of lions that haven't eaten in 3 years. Which room is safest for him?



## FOUR AVENUES OF SERVICE

The term "Four Avenues of Service" is frequently used in Rotary literature and information. The "Avenues" refer to the four elements of the Object of Rotary: Club Service, Vocational Service, Community Service and International Service.

Although the Avenues of Service are not found in any formal part of the constitutional documents of Rotary, the concept has been accepted as a means to describe the primary areas of Rotary activity.

- "Club Service" involves all of the activities necessary for Rotarians to perform to make their club function successfully.
- "Vocational Service" is a description of the opportunity each Rotarian has to represent the dignity and utility of one's vocation to the other members of the club.
- "Community Service" pertains to those activities which Rotarians undertake to improve the quality of life in their community. It frequently involves assistance to youth, the aged, handicapped and others who look to Rotary as a source of hope for a better life.
- The Fourth Avenue, "International Service," describes the many programs and activities which Rotarians undertake to advance international understanding, goodwill and peace. International Service projects are designed to meet humanitarian needs of people in many lands.

When a Rotarian understands and travels down the "Four Avenues of Service," the Object of Rotary takes on even greater meaning.



This is an unusual paragraph. I'm curious how quickly you can find out what is so unusual about it? It looks so plain you would think nothing was wrong with it! In fact, nothing is wrong with it! It is unusual though. Study it, and think about it, but you still may not find anything odd. But if you work at it a bit, you might find out! Try to do so without any coaching!