



The Mindarie Bulletin



45
9th June 2017

Rotary Club of Mindarie Inc. WA
 District 9455 Club 83520
 Chartered 11/2010
www.rotarymindarie.com
 Meets every second Wednesday
 at Mindarie Marina Boardroom.
 5:30pm for 6:00pm

2017/18 THEME



In 2017-18, we'll answer the question "What is Rotary?" with RI President-elect Ian H.S. Riseley's theme, *Rotary: Making a Difference*. "Whether we're building a new playground or a new school, improving medical care or sanitation, training conflict mediators or midwives, we know that the work we do will change people's lives — in ways large and small — for the better."

THE ROTARY FOUNDATION
100 YEARS OF DOING GOOD IN THE WORLD

CELEBRATING 100 YEARS OF HELPING MAKE THE WORLD A BETTER PLACE

Both Locally & Globally

Rotary

Visit Our Site rotarymindarie.com

WELL DONE AGAIN RYPEN TEAM!



Members of the Rotary Club of Mindarie again ensured that this year's Rypen Camp, held at Point Walter, was another resounding success.

Thanks to the dedication and commitment of PP Sally, Cheryl, PP Karina and Brian, and the various volunteer team leaders and helpers, as well as a District team, some 49 students sponsored by 21 District Clubs experienced the benefits of the Camp.

The Rotary Youth Program of Enrichment was first developed in Australia in 1980 and is a program adopted by Rotary Clubs around Australia.

Over the last five years the Mindarie Club has had enthusiastic and dedicated members managing i.e. organising and running this event on behalf of the District. Procedures and processes have been developed to facilitate communication with schools and clubs, selection of student attendees and financial reconciliation.

After last year's Camp, the Club decided to seek more involvement from District, particularly in the administrative areas related to organising student attendees and their sponsorship by District Clubs. We are happy that our District did provide such assistance this year.

With the advice and guidance provided by our team this year, from 2017/18 District is reassuming the overall management responsibility for this annual event. District has appointed PP Sally as Chair of the Rypen Committee for 2017/18 and hopes that our members and those of other clubs will continue to volunteer their knowledge, experience and hearts to the event in the future.

Rotary Foundation named World's Outstanding Foundation for 2016



The Association of Fundraising Professionals recognised The Rotary Foundation with its annual Award for Outstanding Foundation at its 2017 conference in San Francisco.

The award honours organisations that show philanthropic commitment and leadership through financial support, innovation, encouragement of others, and involvement in public affairs. Some of the boldest names in American giving — Kellogg, Komen, and MacArthur, among others — are past honorees.

Rotary Foundation Trustee Chair-elect Paul Netzel accepts the Award for Outstanding Foundation, on Rotary's behalf, at the Association of Fundraising Professionals 2017 conference.



CLUB MEETING NOTES

Club Meeting 7th June, Mindarie Marina

The meeting was called to order at 1811.

Ralph welcomed those present and called upon new member Kathy to give the toast to Rotary and Australia.

Apologies had been received from Peter, both Brians, Kelly, Andrea, Sandy, Darren, Tracey, Cheryl, Jessica, Dave and Nick.

So the meeting progressed with a “fireside chat” approach.

As regards makeups, Ralph informed those present of the recent Zone 3 meeting where there was a strong commitment for the Clubs to work more closely with each other. He also advised that that there will be a change of ADGs in that ADG Fred Morrell will replace Lindsay McLeod who will take on another Zone/Group.

PP Sally and PP Karina gave an interesting overview of the key and memorable aspects of the recent Rypen Camp.

- Notable was that last year the students were more interactive and this year somewhat more reserved. It seems that it is important to have a psychologist on call for future Camps and thanks must be given to Karina's brother-in-law who was able to assist with two students in particular.
- Olga gave her view of her positive experience at the Rypen Camp
- Sally and Karina emphasised the benefits of having RYE students at the Camp i.e. to give local students a different perspective.
- Ralph advised that he had informally received advice that District will be taking over from Mindarie the management of Rypen in 2017/18 and that District has appointed Sally as Chair of Rypen for next year. She will be assisting the District Youth Director in promoting Rypen within the District. District Clubs will be called upon to provide volunteers.

Ralph advised that:

- The sausage sizzle had a slow start but in the end raised a net of \$1310.
- The Board approved an ad in the North Coast Times and this appeared last Tuesday. Hopefully this will increase seller and buyer numbers. This year, the buyers do not seem to be turning up. There was discussion about alternative advertising. Radio was mentioned and that we need to try to get coverage again.
- Butler College have asked RCM to sponsor an annual Citizenship Award with their first Year 12 Graduation ceremony occurring later this year.

As regards business matters, Ralph advised:

- The Club strategic plan for 2017/18 is available on the website for members. The three cornerstones of the plan being:
 - * Increase membership to 26
 - * Improve team spirit and member engagement
 - * Build relationships and awareness of RCM in the Community
- For the first time in 3 years, annual membership dues will be increased this year from \$249 to \$259.

Whilst it is a Board decision, Ralph asked members for their views on where the Club should consider making donations this year. He advised that during the course of the year, the Club had already donated around \$13,000 to the Ampan DiK, Sells Family project, Christmas and Easter Hampers, Sponsorship for Conoco Science Experience, Rypen and RYE. The traditional suggestions such as Foundation, Interplast, ShelterBox and ARH were mentioned.

Ralph advised that it was the intention to reconstitute the Committee approach to projects and events. Other than Rypen, RCM had not been too successful with Committees.

The following initial Committees have been formed:

- Winter Initiative Committee. Comprising Andrea, Margaret, PP Sandy, Kelly and PP Sally
- Swap Mart Committee: Comprising Dave, Karina and Brian Butterworth.
- A Social Committee: Comprising Alan, PP Nigel, Kathy and Brian Baily
- A Vocational Committee: Comprising Brian Butterworth, PP Darren, Kathy and possibly Jessica

The terms of reference for these Committees were mentioned and will be published to the members.

There was discussion about a Changeover Dinner and this was left to the new Social Committee to organise but is likely to be a social event around 19th July as the “formal” Changeover has already occurred.

As regards other matters:

- We still require a host family for our new Finnish RYE student Kaisla for the period July to October. There was discussion about the implications of “hosting”.
- A new Swap Mart Roster (to end of August) is published on the website.
- The password for certain pages on the website has been changed.
- District has a new website and members should take the opportunity to look at it.
- The question was asked if we should continue with the Bulletin in its current form? The views were in favour but that we should also publish some article etc. on the Swap Mart Facebook page so that the community can see what we do and where the money goes.
- PP Karina raised the issue of possible access to Westpac community funding and that RCM does not have DGR status. Leverage off other Rotary DGR endorsed entities is to be explored.

The raffle was drawn by Olga and won by PP Karina who stated that she had never won the raffle since the Club was chartered. There being no further matters for discussion, the meeting adjourned at 1945.

The next meeting is scheduled for the 21st June.

I bought my friend an elephant for the living room.
They said "Thankyou".
I said "Don't mention it"

We ran the Bunnings sausage sizzle on Saturday 27th May and netted \$1310.

It was cold morning and at 10am it looked as though everyone was staying away.

But around 1030, as it got warmer, the DIYers surfaced and it became hectic - so much so that we had to buy extra sausages and buns.

Thanks to Darren, Ada, Sandy, Ralph, Nigel, Olga, Dave, Fiona, Kathy, Alan, Myrtle and volunteers

Graham and Gillian (Andrea's Dad and daughter) who gave their time.



OUR NEXT SIZZLE IS SCHEDULED FOR
SUNDAY 13th AUGUST

JOB FEARS FOR 90% OF MILLENNIALS AFTER LATTE-ART ROBOT INVENTED



The vast majority of people under the age of 30 are at risk of losing their job, after a scientist developed a robot that can do latte art.

Melbourne University scientist Simon Kowoski said the robot has already mastered love hearts and leaves, making the key skills of over a million Millennials obsolete over night. The robot is now working on a grumpy cat motif, which – if successful – will put an end to the careers of highly skilled operators as well.

The robot is in the early stages of growing a beard. An initial survey of customers shows a high approval rating, with many citing factors such as efficiency, superior body odour, and not being invited to see someone's awful band. Mr Kowoski is now working on a baby boomer robot that can sit idly and complain despite complete financial security.

Vale Chery!
Thanks for all your efforts over the years.
We wish you well.

PROMOTING OUR SWAP MART

Now that the likelihood of extended Sunday trading has diminished, the Board decided to take steps to actively promote the Swap Mart that we all love and cherish! It was decided that step 1 would be to run an ad in the North Coast Times (reach of 13,000).

Depending on results, additional ads would be placed in the Joondalup/Wanneroo Times (reach of 59,000).



Swap Mart for
SMART SELLERS
BARGAIN-HUNTING BUYERS

Every Sunday at
OCEAN KEYS SHOPPING CENTRE

(Kmart undercover carpark, off Pensacola Tce, Clarkson)

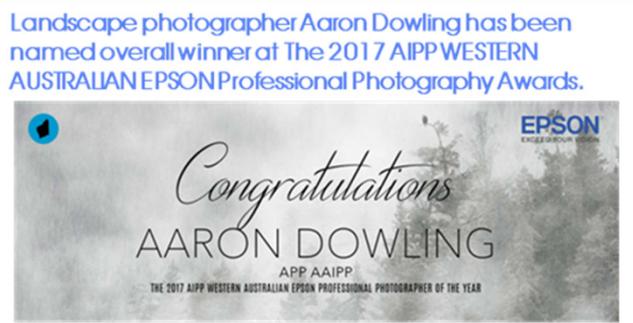
Do you have "STUFF" around the house that you aren't using
Can't throw it away but would like to make some money?
Sell your unwanted items from the comfort of your own car?
Looking to grab a bargain?

Sellers set up from 6am
Buyers entry from 7am
Close at 10:30am

Sellers fee \$10 per car bay
Buyers Gold coin donation per adult



Staffed by Rotary volunteers and raising money for worthy causes in the community



Aaron is husband to Tiffany who had many years in the Club and was the key person behind Rypen for several years. Aaron and Tiffany decided to travel worldwide to follow the photography bug – which is clearly paying off!

Make Fetal Alcohol Spectrum Disorder History



FASD is a 100% preventable disability affecting the lives of thousands of children in WA, and 30% youth in juvenile detention.

Do you or your Rotary Club want to make a difference in the lives of children, including Aboriginal Children?

Join us at the Launch of this Project:

When Wednesday 14th June at 6.00-8.00 pm
Where Central Park Auditorium (1st Floor),
152-158, St Georges Terrace, Perth
Guest Speaker Dr James Fitzpatrick (Paediatrician)
Director of the PATCHES Paediatrics
Cost \$20.00 drinks and nibbles included
Bookings <https://www.trybooking.com/282003>
RSVP Louise Hancock (Rotary Club Osborne Park)
louise.hancock@bigpond.com
or 0423-169-226
Before 9th June

A Combined Rotary District 9455 and 9465 Project

Maybe it won't work out. But maybe seeing if it does will be the best adventure ever.

DID YOU KNOW?

In 1492, Italian navigator Christopher Columbus set sail on Spain's behalf with the aim of finding a westward route to South east Asia, countries then known collectively as the "indies".

On his voyage he unwittingly bumped into the Antilles, mistakenly naming it the "West Indies". Columbus was unaware of the immensity of the place he had discovered.

Yet his Italian successor, Amerigo Vespucci, saw at once that the width of the river mouth could only flow from a vast continent and realised that an entirely new continent had been discovered. He promptly announced this to the press, hence America was named after him rather than being called Columbia after his countryman. This was how the "new World" was found again by the Europeans - the first to find America were the Vikings.



**Rotary Centers for
International Studies in peace
and conflict resolution**

PEACE CENTRES

Each year, Rotary selects up to 100 professionals from around the world to receive fellowships to study at one of our peace centres.

Through academic training, practice, and global networking opportunities, the Rotary Peace Centers program develops leaders who become catalysts for peace and conflict prevention and resolution.

These fellowships cover tuition and fees, room and board, round-trip transportation, and all internship and field-study expenses.

In just over a decade, the Rotary Peace Centers have trained more than 1,000 fellows for careers in peacebuilding. Many of them are serving as leaders at international organisations or have started their own foundations.

Our fellowships

Each year, Rotary awards up to 50 fellowships for master's degrees and 50 for certificate studies at premier universities around the world.

- **Master's degree programs:** Last 15 to 24 months and require a practical internship of two to three months during the academic break.
- **Professional development certificate program:** For experienced professionals and lasts three months with two to three weeks of field study

AWARD WINNER

The Western Australian Music Industry Awards (commonly known as WAMis) are annual awards presented to the local contemporary music industry, put on by the Western Australia Music Industry Association Inc (WAM).

At the annual WA Music's night of nights, the Punk/Hardcore best song Award was taken out by local four-piece, Rag N' Bone, who were - it has to be said - very popular winners, for their song *Pissy Flow*. Kiera Owen, the lead singer is daughter of our PP Nigel Owen.



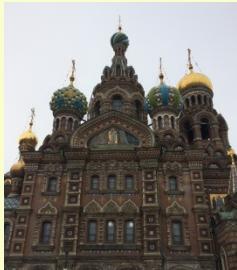
PERRI IN FINLAND

So it's now been 4 months since I arrived in Finland and began this adventure! I'm a 1/3 of the way through my exchange! I can't believe it's been 4 months!!!! It still feels like only a few weeks ago! Time is going past so quickly!



In my last update I told you I was about to go St Petersburg, Russia. This was a trip organised by Rotary involving the exchange students from all over Finland. There were about 80 of us in total spread across 2 buses. My bus started from Åbo/Turku at 6am, stopping at various places along the way to pick up others. We arrived at the hotel in St Petersburg at about 8:30pm. It was a long day of driving. However the bus ride was anything other than boring! I don't think there was a silent moment the whole 14 hours! It was so interesting talking to people from all over the world, listening to their experience so far and sharing mine.

I absolutely fell in love with the architecture in St Petersburg! The detail and colour was insane! It was so beautiful! I was in awe the whole time. We spent 3 nights, 2 days in Russia. Some of my favourites thing that we did was visiting The Hermitage Museum.



This is one of the worlds largest and oldest museums, founded by Catherine the Great in 1754. It was enormous, spread across 6 buildings. It is said to take at least 3 days to see everything! We were rushed through, shown only the highlights of highlights, but I hope one day I can go back and explore properly. Another of my favourite places was the Spilled Blood Church. It was spectacular to look at! The colours and detail were beautiful! I could have spent the whole day just looking at it! On our last evening we went to see the Russian Ballet perform the Nutcracker! This too was amazing!

I was also lucky enough to go to Stockholm this month! This was a dream come true! I went with my Host Mum Tuula, and fellow exchange student from Perth Shu-Wei. We caught the ferry from Åbo at 9pm and arrived in Stockholm at 7:30am local time. Taking the ferry to Stockholm is quite popular, especially for young people. It's known as a party boat. A lot of people get on the boat as we did, party all night long, but when the boat arrives in Stockholm they don't get off and continue to party.

We only had one day in Stockholm, and caught the ferry back in the evening we arrived. We started off having a really nice breakfast at a waterfront hotel. Then we walked to the ABBA Museum. This was another dream come true for me. I was so so so excited, I don't think I stopped smiling once! I danced, I sang and took a million photos! It was amazing!

However, we were in Stockholm the day after the terror attack. Due to precautions, we were evacuated from the museum, which turned out in the end that a tourist had just left their bag behind, not a bomb threat. While we waited to be let back in, we visited the Vasa Museum. The museum displays 64-gun warship, Vasa, the only almost fully intact 17th century ship that has ever been salvaged, that sank on her maiden voyage in 1628. I found this museum so interesting! The museum itself is set up so well, and what I was learning about, I found really interesting too!

After this we walked into the centre to have Fika, a Swedish tradition in which you break to have a coffee and something sweet to eat! I love this tradition. On our way to the centre, we saw where the attack had happened. Everyone was leaving flowers and candles. It made me quite emotional to see this, and to see the true effects of what happens after these attacks. It was really sad and overwhelming.

We then spent the rest of the afternoon into the evening wandering around "Gamla Stan" (Old Town). I again fell in love with the architecture in Stockholm, the details in the buildings is amazing and it is so bright and colourful. Stockholm looks exactly like it does in photos, it is so beautiful.

In April we celebrated Easter. The Finns Easter celebrations are a little different from mine in Australia! My host mum and I spent the week leading up to the Easter Weekend painting eggs.

They were real egg shells that they had drained the egg out of and cleaned.

We painted them using a wax technique. This was really cool and I really enjoyed it!

What started out as "we'll just go on Monday evening" turned into all 3 evenings and being the last ones to leave everyday!



Another difference in the Finnish Easter tradition is that on Easter Saturday, the children dress up as witches and go door knocking. They wave their 'wands' and rid the houses of bad spirits, and in return receive candies and chocolates. Similar to the American tradition of Halloween, except this is done during the day, not at night. It was really sweet seeing the children wonder the streets dressed as witches, I wish I could have joined them!

However, I much prefer the Australia's hot cross buns over Finland's traditional Easter dessert. During Easter Finns like to eat a thing called Memma, in Swedish, in Finnish Mämmi. It is a rye pudding. Its main ingredients are water, rye flour and powdered malted rye. It is served with cream and lots of sugar. It was interesting. I tried it and decided I would bake my own hot cross buns instead!!



The average person tells 4 lies a day and 1460 a year. The most common lie is "I'm fine".



ROTARY AUSTRALIA
WORLD COMMUNITY
SERVICE

RAWCS Western Region covers Rotary Districts 9455 and 9465 across Western Australia and is active in many programs such as Donations In Kind (DIK), Rotarians Against Malaria (RAM) and Safe Water Saves Lives. Most of the projects address areas of the Indian Ocean rim.

RAWCS Projects are registered for three different purposes:

- **RAOAF** – Rotary Australia Overseas Aid Fund is an Overseas Aid Fund to provide sustainable development aid in developing countries as identified by the Department of Foreign Affairs or short term relief for disasters.
- **RABS** – Rotary Australia Benevolent Society is a Public Benevolent Fund to register projects within Australia to enable Rotary Clubs and District to provide assistance to people in need within their local or wider community.
- **DCDF** – Developed Countries Disaster Fund is a Public Benevolent Fund to respond with cash donations to disasters that occur in developed countries. It is administered by a committee within Australia and a committee from a Rotary Club or District in the country where the disaster occurs.

ALL RAWCS projects must be sponsored by an Australian Rotary Club or District and wherever possible endorsed or partnered with a Rotary Club or District overseas. The only exception are RABS projects that are local and are sponsored and administered by the same Rotary Club or District.

Every year, 1 in 5 Australians will experience some form of **MENTAL ILLNESS**



One of the most significant barriers to improving Mental Illness prevention and treatment is the low priority given to Mental Health research.

Help Improve the Health of all Australians. Become a Friend or Companion

AUSTRALIAN ROTARY HEALTH

- Ensure Australians of all ages, from all walks of life, will lead healthier lives.
- Receive Australian Rotary Health updates.
- All donations are fully tax deductible and cumulative.

FRIENDSHIP: INDIVIDUALS

Friend - \$100
Bronze Friend - \$500
Silver Friend - \$1,000
Platinum Friend - \$2,000
Diamond Friend - \$2,500

COMPANIONS: INDIVIDUALS, A CLUB OR CORPORATION

Companion - \$5,000
Gold Companion - \$10,000
Ruby Companion - \$20,000
Emerald Companion - \$50,000
Diamond Companion - \$100,000



www.australianrotaryhealth.org.au

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glasbergen.com



"I'm Meeting Man. My superpower is the ability to keep people awake during PowerPoints!"

Rotary recreational reading for wrinklies

Since 2005, the Rotary Club of Padstow, NSW, has collected unsold magazines from local newsagents and distributed them to nine local nursing homes and aged care facilities, as well as a local school.

It is usual practice for newsagents to tear off the front page of unsold magazines, post them back to the publisher for a credit, and throw away the rest. Overseen by project manager Garry Metcalfe, the club now collects the unsold magazines each week and puts a label on each, which recognises the donating business and Rotary's delivery effort.

The first year of the project saw nearly 5000 magazines handed out, a number that climbed to over 15,000 last year. The magazines are collected from just two newsagents alone, with additional amounts donated by members of the public.

Despite the volume, it only takes one or two members to do the collection each week and three to do deliveries. The cost is \$3 a week in labels and a few hours sorting and delivering.

Magazines cover almost every interest imaginable, with puzzle and

crossword titles particularly popular with seniors. If the Rotary club hears a resident has a special interest, such as aviation or photography, they ensure publications on the topic reach them.

Some nursing homes have local primary school students read the magazines to residents. Surfing, skateboarding and horse magazines are happily accepted by the students as a thank you for "reading to the wrinklies". Magazines are also cut up for other purposes, such as arts and crafts projects.

The children's magazines, which often include posters and trinkets, are given to a primary school where they are used as learning incentives by teachers.

The Rotary Club of Padstow encourages other clubs to consider similar projects to foster literacy rates.

"Kids who see adults reading are more inclined to read themselves," said Padstow member Barry Thompson. "Even dads and mums who aren't big readers often can't resist the car, boating, cooking and craft magazines. It's a great low-cost project any club could implement."



Some Australian inventions: ultrasound, tank, refrigerator, pre-paid postage, airplane black box, lawn mowers with engines, smoke alarm, pacemaker, electric drill, and the car radio.